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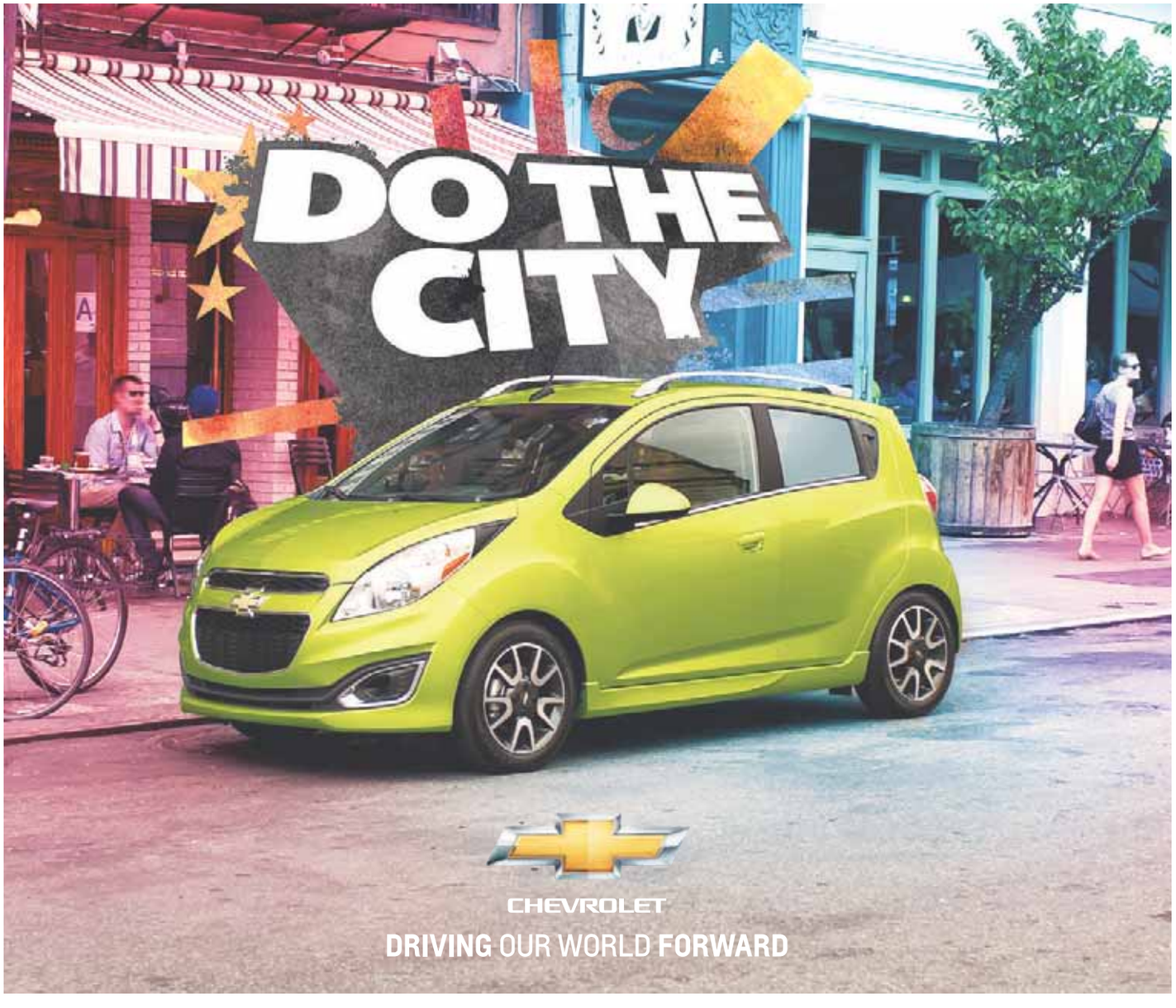

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SOLIDARITY

CHAD OWENS THANKS QUARTERBACK RICKY RAY FOR 'TRUSTING' HIM ON THE FIELD AFTER THE ARGOS' LABOUR DAY WIN PAGE 38

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JAMMING AT THE CNE

When the riders admit they "want to go faster" as prompted by the ride operator, the Polar Express heats up and jams these three seatmates toward one another, on the last day of the CNE, Monday. Final attendance numbers likely won't be released until October, general manager David Bednar said, but he's anticipating that the records will show more attended this year's event than the 1.3 million who came out last year. RICK MADONIK/TORSTAR NEWS SERVICE

Back-to-school blues in Ont.

Frustrated teachers say they're much less interested in leading after-school groups PAGE 3

Not hiding under the cover

The Sheepdogs are out to prove there's more to them than a Rolling Stone contest PAGE 23

Cancer care not created equal

Despite advances in cancer treatment, many are still dying and without any meds PAGE 29

'We need to get angry about it'

String of assaults. Community stands against sexual violence

Anna Willats speaks at a rally against sexual assault in Christie Pits Park on Monday. JESSICA SMITH/METRO

A rally against recent sexual assaults in the Bloor and Christie area wasn't about the perpetrator but about allowing women to vent their anger, organizers said.

"My interest is in creating a space for the community to come together and collectively resist violence and provide a space for people to show their anger that this is happening close to their homes," said organizer Liz Brockest.

"It shows that people in this community aren't willing to tolerate this kind of violence in their neighbourhood."

About 250 people, mostly women, gathered in Christie Pits on Monday evening to protest a string of at least 10 sexual assaults that police have identified in the area, including four recently reported near Bloor and Christie streets.

Chris Last, who came to the park early to make signs for the rally, said being loud about the issue of sexual assault will make people feel they are able to talk about sexual violence.

"Our complicit silence is reinforcing the ability of people to do these things," Last said. "It's got to a point now where we need to get angry about it."

Breanne Armstrong took her mother, Gwen, to the rally after struggling with how to tell her about the sexual assaults in the neighbourhood.

"It's a difficult thing to talk about when I really love living here," she said.

Gwen said she hopes the rally builds a community in her daughter's neighbourhood where people will look out for one another and stand up for women who are sexually assaulted. JESSICA SMITH/METRO

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Labour Day. Thousands march for their rights

It may look like your typical parade — marchers marching, flags flying and pipers piping — but Toronto's annual Labour Day parade is a unique blend of celebration and protest.

"These people have come out to show pride in their movement and the contributions it has made," said John Cartwright, president of the Toronto and York Region Labour Council, which helped organize the event.

Cartwright estimated that up to 22,000 Ontario workers took to the Queen Street West route Monday morning, including federal NDP Leader Thomas Mulcair. From teachers and nurses to firefighters and actors, union groups from across GTA were well represented.

As usual, the march mixed steel drum bands, dancing and cheering with banners demanding more rights for workers. The march garnered a handful of spectators, far fewer than the city's more eye-catching parades, such as Pride.

Pam Winik made the trip from Windsor with her husband to support her son, who was marching with Local 95. She said they've been a union family for generations. "You work hard and try to earn a decent living, but the more you make, the more they take," she said, holding a large, orange NDP sign. "Enough is enough."

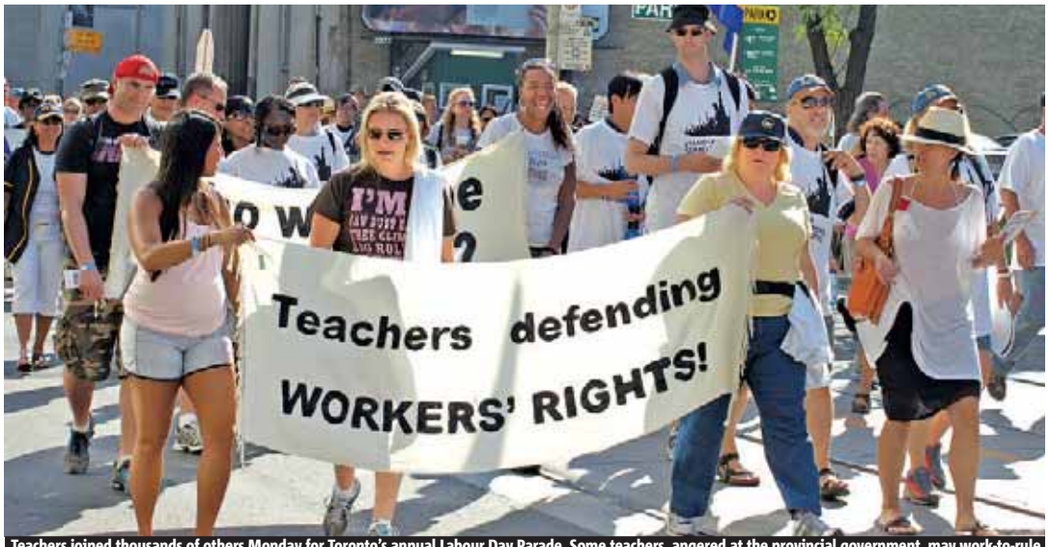
TORSTAR NEWS SERVICE

Investigation

Man stabbed at Cherry Beach

A man in his mid-20s was stabbed near Cherry Beach Monday evening. The victim was rushed to hospital with serious injuries, EMS said. No arrests have been made, but police headed to the Port Lands area to investigate at about 9 p.m.

TORSTAR NEWS SERVICE



Teachers joined thousands of others Monday for Toronto's annual Labour Day Parade. Some teachers, angered at the provincial government, may work-to-rule and stop after-school volunteering, others are contemplating a political walkout. JESSICA SMITH/METRO

Teachers to walk or work-to-rule?

Retaliation. Anger over legislation puts after-school activities at risk

JESSICA SMITH
jessica.smith@metronews.ca

Teachers marching in Toronto's Labour Day Parade Monday said there will likely be fewer after-school activities for students, as anger at the provincial government continues to mount.

The parade comes as the Putting Students First Act, which legislates a wage freeze for teachers and prohibits them from striking, is working its way through the legislature.

Earl Burt, a teacher and the treasurer of the Ontario Secondary School Teachers' Federation, said the OSSTF will meet with union locals to officially decide on future actions at the end of the first week of school.

In the meantime, union leadership has seen a "grassroots groundswell" of high school teachers who say they're no longer interested in coaching sports and leading music groups after school, he said.

"We've gotten emails and calls from people who are quite angry with this legislation and they don't feel that same desire to step up and volunteer the way they have done in the past," he said.

Elementary school teacher Jody Dales, who teaches Grades 4 through 8 at Joseph Gould Public School in Uxbridge, is upset with "misinformation and teacher-bashing," she said. "The public needs to understand that they're being lied to by the people who are in control."

Dales said one example of "misinformation" is that teachers were never willing to put kids' school years at risk by holding a strike. "There was no strike threatened by anyone except (Education) Minister (Laurel) Broten and (Premier) Dalton McGuinty. Now, mind you, given what they've done, there's a far better chance of labour disruption now than there was before they introduced this legislation. When you take away people's rights and you bully them, they don't put up with it."

Dales said a strike would be illegal under the new legislation, but teachers could do a political walkout — like they did to protest the Mike Harris government in 1997 — but it would cost them their salaries.

She believes only some teachers will give up their volunteer activities. "There are a lot of people who will continue to do those things because we do them because we care."

Violet Shearer, a music, drama and civics teacher, said she believes the Putting Students First Act will one day be overturned by the Supreme Court for infringing on teachers' collective bargaining rights.

While she said she'll take direction from the union on whether or not to work-to-rule or walk out, she has to figure out what to tell her Grade 10 civics class. "I teach the Canadian Charter of Rights and Freedoms in my classroom and I teach that we have the right to freedom of association," she said. "This Labour Day Parade is an example of that, and so is collective bargaining."

In limbo

- Toronto public high school teachers wondering if they should run extracurricular activities are being told by their local union to go ahead.
- Parents and boards are waiting to see how the government's controversial move to impose a contract on teachers will affect schools. Some fear teachers will stop supervising after-school activities, given tensions over the Putting Students First Act.
- While the OSSTF president has said it's up to teachers if they want to run extracurriculars, here in the city, that should be the last thing to go, says Doug Jolliffe, president of District 12 of the OSSTF.

1 NEWS

Mobile news

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A big-brother bond that spans 20 years

Role model. Lasting relationship recently had mentor honoured as best man at little brother's wedding

FERNANDO CARNEIRO
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Craig Pryce says that becoming a big brother took "a little out of his time." More than 20 years later he says he is still being rewarded by the experience, recently serving as the best man at his former little brother's wedding.

The agency launches a recruiting drive on Tuesday for male volunteers to mentor youth.

Mark Evans
Owner and head instructor at Horizon Martial Arts in the Beaches
Former little brother

Q: Why did your mom sign you up?

(At) 11, I was a kid who got in a bit of trouble at school ... and my mom — a single mom of two — thought that I could use a positive male role model. So she dragged me down against my will to Big Brothers to get signed up.

Q: What was your first impression of Craig?

I was a shy kid and my first impression of my newly acquired big brother was that he wasn't shy at all. He … always said what was on his mind and truly had an interest in what I had to say. He made me feel like his little brother from the start.

Q: You have a strong relationship today. What was the one event that bonded you?

I can't say one event in particular has bonded us. I think the fact that he showed up every Sunday when I was a kid, took me out to watch a football game, played a sport in the park or just hung out, he always showed up. Over the last 26 years like any good brother would, he's always been there in the best and worst of times.

Q: He was the best man at your wedding. Why is Craig still important to you?

Our relationship has grown beyond just Craig and I. Over the years our families have grown very close, his kids call me uncle Mark. I'm 37 now and just got married. The reason Craig was my best man is because he is my brother. No amount of anything or honour I could ever give him would be able to repay what he did for me.

Q: How long will Craig stay in your life?

My brother is my family and families stay together for life. I'm sure 30 years from now we'll be on our annual fishing trip and he'll still be telling me the best way to hook the big one.

Craig Pryce
Producer and director of movies and TV
Former big brother

Q: Why become involved?

I was in my early 20s and felt fortunate, but also felt something was missing and wanted to give back. I knew of Big Brothers and thought it was an excellent program and decided to commit to it.

Q: What was your first impression of Mark?

He was a good kid, a bit on the quiet side until he got to know me better, but it was nice that he just enjoyed hanging out. We would just throw around a football, watch sports, take my dog out for long walks, go bowling or to the odd movie, but nothing costly, it was just about spending quality time together.

Q: You were the best man at his wedding. What was the one event that bonded you guys?

It wasn't a single event that created the bond as much as years of friendship and staying in each other's lives. I think of him more as a true brother as much as a little brother and it was an honour to be asked to stand up for him on his big day.

Groom, and former little brother, Mark Evans, left, with best man, and former big brother Craig Pryce at his wedding last month. The two continue their relationship 20 years after the program officially ended. PHOTO COURTESY OF MARK EVANS

Q: Why continue the relationship after Mark turned 16?

The program officially ends at 16, but both of us wanted to continue to be part of each other's lives; we still keep in touch and hang out to this day, over 20 years later.

Q: You look at Mark today, married and owner of his own business. How does it make you feel?

I'm very proud he took his passion and talent for martial arts and made a successful career of it because of his commitment and hard work. I'm also very proud to see him married and to such a wonderful woman.

Q: You're married with two children. How does your family see Mark?

My wife has known Mark from almost the very beginning, which is a bonus. Both my daughters think of him as their uncle and have known him all of their lives. They both were some of Mark's original students and my youngest daughter continues to train with him and is working towards her black belt. He's not only their uncle, but their sensei.

Little brother may be watching for you

Chike Agbasi is asking men aged 18 and up in the GTA to take up the challenge of changing a young boy's life.

It only takes one to two hours a week. Or in Agbasi's words, "it's a little less TV time."

Agbasi, 27, is a big brother with Big Brothers Big Sisters of Toronto. The organization kicks off an advertising campaign Tuesday in TTC trains and stations to recruit 150 new "big brothers" to match with boys who have grown up without a positive male role model in their lives.

The program currently has about 300 big brothers who spend weekly one-on-one time with a young boy. Communities targeted in the new campaign are: Etobicoke, Rexdale, North York, Scarborough, Mississauga and Brampton.

"A lot of times, these boys are growing up with a mother, but no father. I know what it means to a young boy to have a good male role model," said Agbasi, a civil servant who joined the program two years ago.

Quoted

"We know from hundreds of success stories that these experiences have an impact on the child that lasts a lifetime."
Cathy Denyer, president of Big Brothers Big Sisters of Toronto

"The impact is huge. The little brother that you're matched with can learn a lot from you, even just from the way you interact with others."

Agbasi recounted how his little brother was spending quite a bit of time in the principal's office before being paired with big brother Chike.

"Now, I can't even remember the last time he was in the principal's office," said Agbasi. "I became his outlet, someone he could talk to about what wasn't going well. Two years later, he's doing much better academically. He's far more confident, and just generally far more excited about going to school."

The two have developed a strong bond and appear on the organization's promotional poster.

The recruitment campaign ends Nov. 11. To become a Big Brother, call 416-925-8981 ext. 4118, or visit bbbst.com.

TORSTAR NEWS SERVICE

Manzoor Moorshed Khan
TORSTAR NEWS SERVICE

Alleged fraud forces condo owners to pay thousands

Their fears are coming true.

Hundreds of people across Toronto who own units in condo buildings allegedly defrauded of millions of dollars by a former property management company are now coughing up big bucks for special assessment fees.

"I have just been asked to pay $975 in special assessment fees ... every owner has to pay," said Avijit Barua, owner of a unit at 10 Marbrooke Lane in Etobicoke, one of the affected condo corporations.

"It's a lot of money," he said. "Mr. Khan gave us a lot of problems."

A Torstar investigation in September 2011 revealed that Manzoor Moorshed Khan, president of Channel Property Management, borrowed millions of dollars against condominium corporations in the Toronto area without their knowledge.

At least seven corporations are believed to be victims of Khan's alleged fraud.

Lawyers estimated that the total misappropriation topped $20 million — 10 Marbrooke Lane is on the hook for about $4.5 million, said Barua.

Soon after the alleged fraud came to light, Channel was evicted from its swanky Woodbridge office for not paying rent, and Khan, reportedly, fled to his native Bangladesh. Khan has not been seen since.

Several buildings filed civil suits against Channel and Khan, and Toronto police are investigating.

One condo corporation is suing Khan, his company and several financial firms, including Equitable Trust, which loaned money, for $3.1 million. A court hearing is scheduled for Tuesday.

TORSTAR NEWS SERVICE

WELCOME BACK TO SCHOOL

Yes, we're here in our classrooms to welcome students as we always said we would be. Minister Broten and Premier McGuinty were the only ones who suggested otherwise.

How else have they been misleading you?

A Quick Back-To-School Quiz

Teachers refuse to negotiate.

☐ TRUE ☑ FALSE

We have said to the minister on many occasions that we are ready to negotiate if the process is fair and all issues are on the table.

All the government is asking teachers for is a two-year pause in their salaries.

☐ TRUE ☑ FALSE

It's not a pause. It's a two-year pay cut with permanent cuts to negotiated benefits. The government is threatening more cuts in 2014.

If the government doesn't legislate contracts, teachers will receive a 5.5% wage increase.

☐ TRUE ☑ FALSE

Only 40% of teachers will receive an increase – those who do, have earned it for additional qualifications through courses that they paid for or are newer teachers still gaining experience.

The government respects collective bargaining rights.

☐ TRUE ☑ FALSE

Bill 115, the government's teacher contract law, ignores existing collective bargaining and human rights legislation, imposes contracts, and takes away the right to strike.

If the government succeeds in taking away bargaining rights from education workers, they can do it to anyone.

ETFO members want fair collective agreements, good schools, and resources that meet the needs of their students.

☑ TRUE ☐ FALSE

For more information go to www.etfo.ca/WelcomeBack

A message from the Elementary Teachers' Federation of Ontario

Cancer ride. Cyclist aiming to raise $100K

Diane Klich was sitting on the fence about whether she was up to the gruelling task of cycling across the country to raise money for childhood cancer research, when she happened to email an old friend who lives in New York City to say happy new year.

The most she had ever cycled then was 60 km, riding at about 20 km/h, and with no fundraising experience the minimum $25,000 pledge to enter the fifth annual Sears National Kids Cancer Ride was equally daunting.

Then her university pal sent a heart-stopping reply: His two-year-old daughter was battling leukemia.

"It was a sign," said the 37-year-old from Toronto. "None of my fears could be as big as theirs were at that moment, so I just decided to sign up. At that moment I applied."

Klich will depart on the 17-day journey from White Rock, B.C., with more than 50 other cyclists from across the country on Wednesday.

Her ambitious goal is to raise $100,000 through donations and in-kind sponsorships. As of last week, she had collected $60,000 in sponsorship money from Metro and another $10,000 in cash donations.

The riders will arrive in Halifax Sept. 21 after completing the 7,000-km journey.

To donate, visit searsnationalkidscancerride.com.

KATE WEBB/METRO IN VANCOUVER

Diane Klich, seen here outside the Telus World of Science in Vancouver, will depart White Rock, B.C., with other cyclists on the 17-day cross-country Sears National Kids Cancer Ride Wednesday. KATE WEBB/METRO IN VANCOUVER

Health. N.S. university steps up fight against student binge-drinking

Underage frosh-goers looking for a buzz stronger than that free-from-home feeling are up against new rules at Acadia University.

Efforts to quash binge drinking at the school in Wolfville, N.S., escalated after the alcohol-related death of a 19-year-old student last September. A comprehensive alcohol policy went into effect this week, as students across Canada ditch the high school label and get their first taste of dorm life.

Acadia banned boozing in dorm rooms during orientation week, prohibited making "trophies" out of empties and put limits on the amount of alcohol a student can stockpile. Students of legal drinking age are allowed to drink in residence, but in designated, supervised lounges.

Residence advisers are authorized to conduct room checks, intervene and issue non-academic infractions if a thirsty student, regardless of age, tries to sneak a sip behind closed doors.

TORSTAR NEWS SERVICE

London

Prince Harry out of hiding after nude-pics scandal

Prince Harry has made his first public appearance since nude photos of him made international headlines. He attended an awards ceremony Monday for the charity WellChild to celebrate the lives of seriously ill children and the doctors who care for them. THE ASSOCIATED PRESS

Ontario

Five rescued from Niagara Gorge on long weekend

Canadian parks police say they rescued five people from the Niagara Gorge during two incidents over the weekend. Two Toronto-area visitors and three men were recovered. The men, who allegedly climbed over a retaining wall, face trespassing charges. THE ASSOCIATED PRESS

The RCMP grounded a protest plane over security fears Monday in Ottawa, provoking censorship accusations from the Public Service Alliance of Canada.
CONTRIBUTED/PSAC

Plane with anti-PM banner grounded

Ottawa. Union accuses Mounties of pulling down aircraft over 'political reasons'

JOE LOFARO
Metro in Ottawa

Quoted

"Had the RCMP been concerned about the plane's potential route, it could have easily communicated with the pilot via radio and sought clarification rather than ordering it back down to the airport."

Press release from the Public Service Alliance of Canada

The RCMP ordered a plane sporting a critical message about Prime Minister Stephen Harper to land at an Ottawa airport Saturday, the Public Service Alliance of Canada (PSAC) said Monday.

The RCMP said officers made a mistake and thought the plane was flying in the restricted zone of Parliament Hill. NAV Canada confirmed Monday the plane did not stray into the restricted area.

RCMP A Division spokesperson Cpl. Lucie Shorey initially denied the federal police force ordered the plane down, but she later contacted Metro saying new information had come to light.

"The RCMP is mandated with protection of Parliament Hill. The plane was perceived to be flying in the restricted airspace," she said. "As such, the RCMP requested the plane to land and we undertook questioning of the pilot involved to determine if there was any threat. It was deemed there was not a threat."

In a press release sent by the union — which represents more than 170,000 workers in the federal public service — a spokesperson said the banner attached to the plane read "StephenHarperNousDeteste.ca," which translates to "StephenHarperHatesUs.ca."

The banner had been flown over Montreal and other Quebec communities over the past two weeks, the release said, as part of the union's "We are all affected" campaign, which is protesting public-service job cuts.

"The PSAC believes that the RCMP terminated the flight for political reasons due to the banner, without taking the proper steps to adequately assess the situation," the release said.

Shorey said the grounding of the plane had nothing to do with the content of the banner it was flying.

Green Mile star Duncan dies at age 54

Michael Clarke Duncan, the prolific character actor who earned an Oscar nomination for his performance as a death-row inmate in The Green Mile, is dead at age 54.

Duncan died Monday morning at Cedars-Sinai Medical Center in Los Angeles, where he was being treated for a heart attack, said his fiancée, reality TV personality Rev. Omarosa Manigault, in a statement released by publicist Joy Fehily.

The muscular, six-foot-four Duncan, a former bodyguard who turned to acting in his 30s, "suffered a myocardial infarction on July 13 and never fully recovered," the statement said. "Manigault is grateful for all of your prayers and asks for privacy at this time. Celebrations of his life, both private and public, will be announced at a later date."

This past spring, Duncan had appeared in a video for PETA, the animal-rights organization, in which he spoke of how much better he felt since becoming a vegetarian three years earlier.

"I cleared out my refrigerator, about $5,000 worth of meat," he said. "I'm a lot healthier than I was when I was eating meat."

Duncan had a handful of minor roles before The Green Mile brought him an Academy Award nomination for best supporting actor. The 1999 film, based on the Stephen King novel of the same name, starred Tom Hanks as a corrections officer at a penitentiary in the 1930s. Duncan played John Coffey, a convicted murderer with a gentle demeanour and extraordinary healing powers.

His performance caught on with critics and moviegoers and he became a favourite in Hollywood, appearing in several films a year.

Born in Chicago in 1957, Duncan was raised by a single mother whose resistance to his playing football led to his deciding he wanted to become an actor.

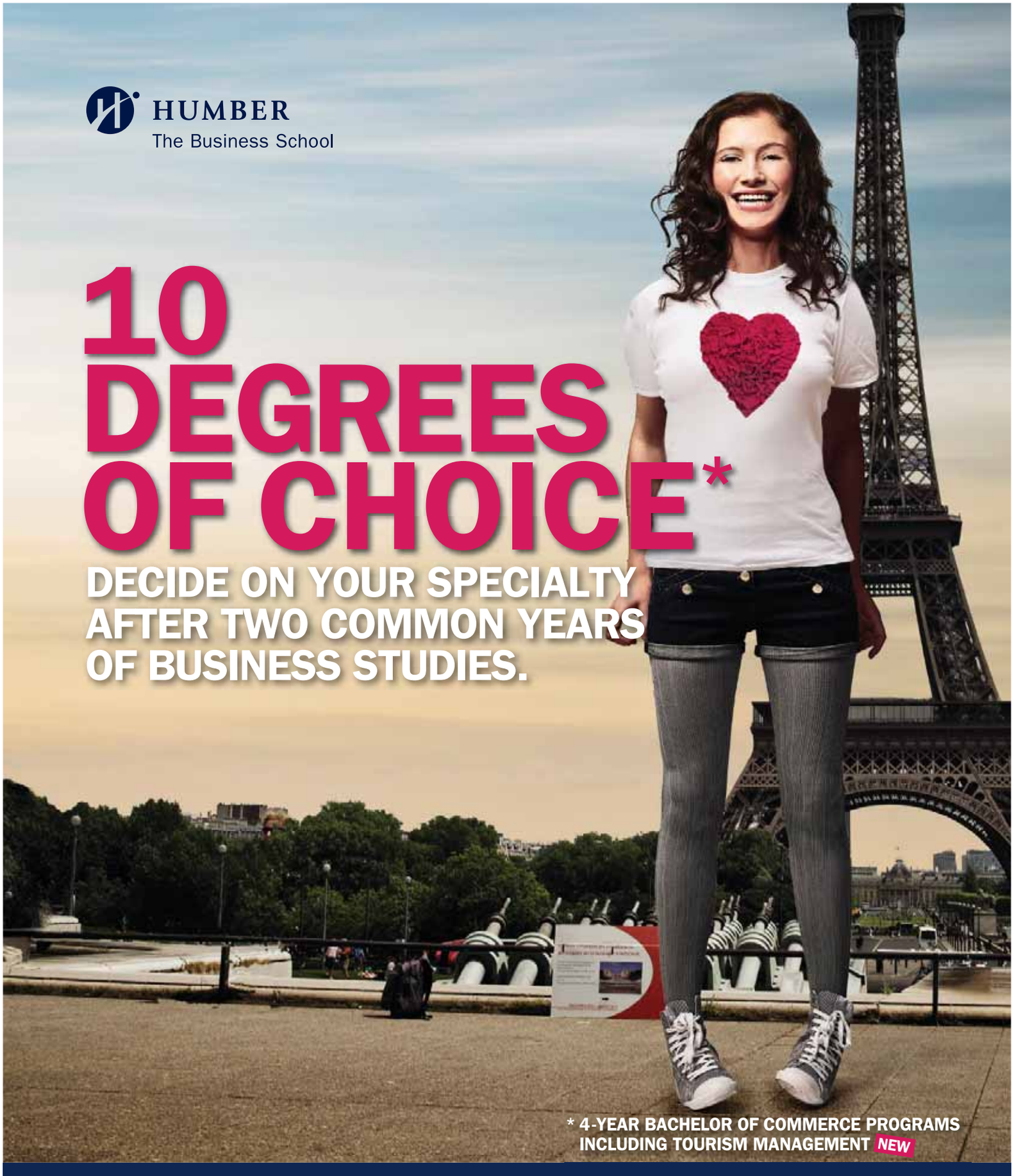
By his mid-20s he was in Los Angeles, where he looked for acting parts and became a bodyguard for Will Smith, Jamie Foxx and other stars. The murder of rapper Notorious B.I.G., whom Duncan had been hired to protect before switching assignments, led him to quit his job and pursue acting full-time.

THE ASSOCIATED PRESS

Actor Michael Clarke Duncan shows off two awards for the film The Green Mile at the 27th annual People's Choice Awards in Pasadena, Calif., in 2001.
MICHAEL CAULFIELD/THE ASSOCIATED PRESS

Resumé highlights

- The Green Mile
- Armageddon
- Breakfast of Champions
- The Whole Nine Yards
- Sin City
- Talladega Nights
- School for Scoundrels
- Kung Fu Panda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Why did the chicken cross the border? It didn't, because it was stuffed with cocaine

The roasted chickens had an unusual stuffing — $150,000 worth of cocaine, according to Nigerian police.

A Nigerian mechanic who struggled in Brazil for more than six years had hoped the drugs would buy him a life of luxury in his native land, Nigerian authorities said Monday.

"This was like a retirement plan for him," said Mitchell Ofoyeju, spokesman for the National Drug Law Enforcement Agency.

The accused was arrested over the weekend at the airport in Lagos after he came in from Sao Paolo with 2.6 kilograms of cocaine, Ofoyeju said. Photos from the agency showed egg-shaped packages wrapped in gold aluminum foil and tucked into the browned chickens.

Ofoyeju says recently-installed airports scanners helped authorities identify more than 100 drug carriers last year, leading to the seizure of about 410 kilograms of cocaine, among other illicit drugs. THE ASSOCIATED PRESS

Smuggling problem

Nigeria is a major transit point for drugs coming from Latin America and going to Europe or the United States.

- Recent security improvements are cutting into that dubious distinction.
- After a man allegedly tried to blow up a Detroit-bound airliner in 2009, Nigeria started installing airport scanners and sought training for agents.

Smoking ban

Lebanese in a huff over right to puff

Restaurateurs in Lebanon, where about half of all adults are smokers, are protesting a new smoking ban in closed public places. The ban went into effect Monday. THE ASSOCIATED PRESS

Out of reach

Brits want to talk about Assange

Britain's Foreign Secretary on Monday urged Ecuador to resume negotiations over WikiLeaks founder Julian Assange, who is still hiding inside Ecuador's Embassy in London. THE ASSOCIATED PRESS

Hemlines are drawn in Iraq's culture wars

Islamists say it's time to call in the fashion police. Youth criticized for not sticking to religious dress code after Ramadan

Iraqi women shop at a women's clothing store in Diwaniyah, 130 kilometres south of Baghdad, on Sunday. A new culture rift is emerging in Iraq as young women replace shapeless coverups with ankle-baring skirts and tight blouses, while men strut around in revealing slacks and spiky haircuts. ALAA AL-MARJANI/THE ASSOCIATED PRESS

For much of Iraq's youth, sporting flashy makeup, slicked-up hair and skin-tight jeans is just part of living the teenage dream. But for their elders, it's a nightmare.

A new culture rift is emerging in Iraq, as young women replace shapeless coverups with ankle-baring skirts and tight blouses, while men strut around in revealing slacks and spiky haircuts. The relatively skimpy styles have prompted Islamic clerics in at least two Iraqi cities to mobilize local security guards as a "fashion police" in the name of protecting religious values.

"I see the way (older people) look at me — they don't like it," said Mayada Hamid, 32, wearing a pink leopard-print headscarf with jeans, a blue blouse and lots of sparkly eyeliner Sunday while shopping at the famous gold market in Baghdad's Kazimiyah neighbourhood.

She rolled her eyes. "It's just suppression." So far, though, there are no reports of the police actually taking action.

This is a conflict playing out across the Arab world, where conservative Islamic societies grapple with the effects of Western influence, especially the most obvious — the way their young choose to dress.

The violations of old Iraqi norms have grown especially egregious, religious officials say, since the end of Ramadan, Islam's holy month. In the last two weeks, posters and banners have been hanging along the streets of Kazimiyah, sternly reminding women to wear an abaya — a long black cloak that covers the body from shoulders to feet. THE ASSOCIATED PRESS

Family feuds may threaten church empire

Unification Church patriarch Sun Myung Moon leaves behind children who have been groomed to lead a religious movement famous for its mass weddings and business interests — if family feuds don't bring down the empire.

Moon, the charismatic and controversial founder of the church, died Monday at age 92 at a church-owned hospital near his home in Gapyeong County, northeast of Seoul, two weeks after being hospitalized with pneumonia, church officials said.

Flags flew at half-mast at a Unification Church in Seoul as followers trickled in, some wiping away tears as they wondered what would happen to a movement defined for decades by the man who founded it in 1954.

The Rev. Moon and wife Hak Ja Han have 10 surviving children and in recent years, the aging Moon had been handing power on the church's religious, charitable and business entities to them.

But there have been reports of family rifts. One son sued his mother's missionary group in 2011, demanding the return of more than $22 million he claimed was sent without his consent from a company he runs to her charity. His mother's group eventually returned the money after court mediation.

Church officials said the son, known as Preston, is no longer in charge of any church operations.

Moon's death could expose further rifts within the church, said Kim Heung-soo, who teaches history of Christianity at Mokwon University in the central city of Daejeon.

"There is a high possibility that internal discord will deepen," Kim said.

The church has amassed dozens of businesses in the United States, South Korea and even North Korea, including hotels, a ski resort, sports teams, schools, universities and hospitals.

One expert said the church's business prospects appear brighter than its religious future. Tark Ji-il, a professor of religion at Busan Presbyterian University, described the church not as a religious group, but as a corporation made up of people with similar religious beliefs. THE ASSOCIATED PRESS

One of the successors

Rev. Hyung-jin Moon AP FILE

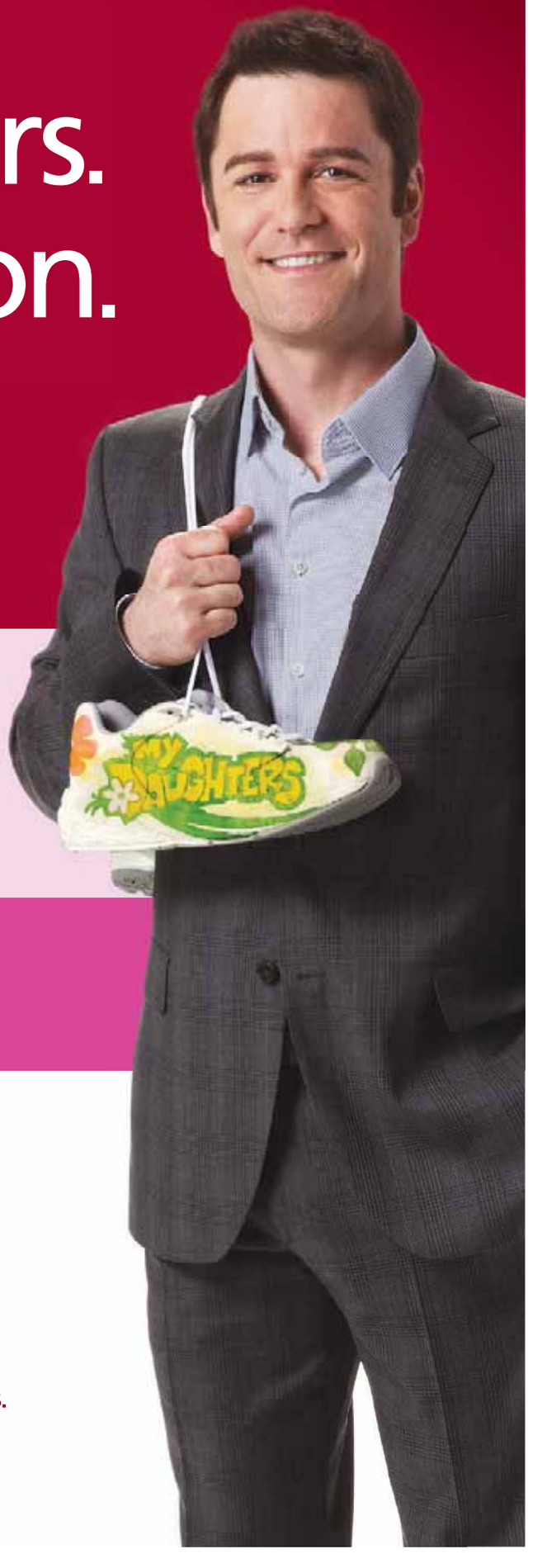
Key to the church's religious future is the Rev. Hyung-jin Moon, the U.S.-born 33-year-old who was tapped to succeed his father several years ago to serve as head of the church.

- Known as "Sean" back at Harvard, where he studied, he is more fluent in English than Korean and has signs of his father's charisma but with an American sensibility.
- His sermons, delivered in English, are designed to appeal to the next generation of "Unificationists."

A woman pays respect to the Rev. Sun Myung Moon at a Unification Church in Tokyo on Monday. Moon, the self-proclaimed messiah who founded the church, died on Monday at a church-owned hospital near his home in Gapyeong County, northeast of Seoul, church officials said. He was 92. KOJI SASAHARA/THE ASSOCIATED PRESS

My daughters. My inspiration.

Yannick Bisson
Actor and father of three daughters.



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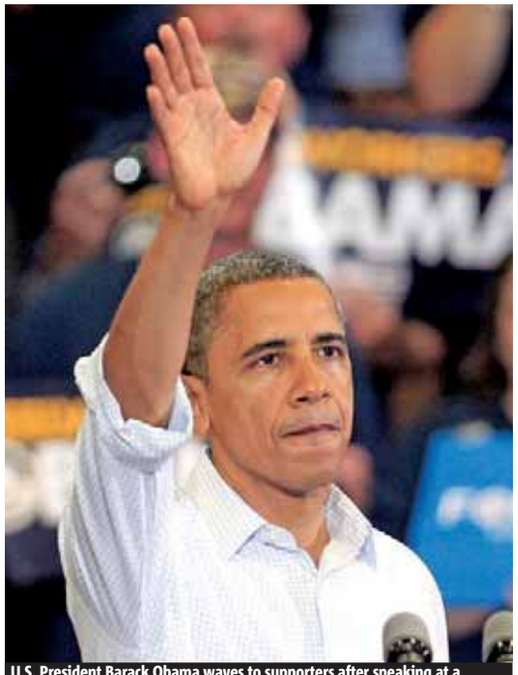
Romney's vision like watching TV in black and white: Obama

Working it. Democrats deliver economic message in key swing state; Republicans characterize Obama as a failed president



U.S. President Barack Obama waves to supporters after speaking at a campaign event at Scott High School Monday in Toledo, Ohio.
TONY DEJAK/THE ASSOCIATED PRESS

Barack Obama on Monday laid out the theme his party will hammer home at the Democratic National convention this week, declaring that Republican challenger Mitt Romney wants to lead the U.S. with failed and outdated ideas that harken to the last century.

Obama was speaking in a pre-convention campaign swing to members of the United Auto Workers Union in Toledo, a city like many in Ohio where the economy is heavily dependent on the auto industry. Obama injected that industry with huge amounts of government money in the earliest days of his administration, likely preventing General Motors and Chrysler Corp. from going out of business and laying off more than one million workers.

Romney opposed the auto bailout and accuses Obama of profligate government spending that Republicans contend has done little to lift the country out of the economic morass after the Great Recession and near meltdown of the country's financial system — events that date to the presidency of Republican President George W. Bush.

The Republicans showed their political arguments last week during their convention in Tampa, Fla., where Romney was officially nominated. The theme of that gathering: Obama is a failed president.

The Democrats are fighting back. Obama said on Monday that watching the Republicans was like seeing an old television program in black and white.

Ohio is perhaps the most critical state for both candidates on Nov. 6, Election Day. It is one of seven so-called swing states, which will determine the outcome of the vote. Those states do not reliably vote for the presidential candidate of one party or the other.

As Obama issued a rousing call for the support of working men and women on Labour Day, his campaign surrogates were trying to put their economic message back in positive territory.

The campaign was trying to recoup after a weekend in which key Democrats acknowledge Republican claims that Americans are not better off four years after the president swept into the White House on a message of hope and change.

From Toledo, Obama planned to travel to Louisiana to meet emergency personnel who have been labouring to restore power and tend to thousands of evacuees from flooded lands in the aftermath of hurricane Isaac last week.

Romney, meanwhile, said the Labour Day holiday marked "another day of worrying" for too many Americans anxious about finding a job.

THE ASSOCIATED PRESS

Catastrophe makes for the perfect political backdrop on Gulf Coast

Don Duplantier paddles a pirogue from his flooded home as floodwaters from hurricane Isaac recede in Braithwaite, La., Sunday.
GERALD HERBERT/THE ASSOCIATED PRESS

Mitt Romney wasted no time after accepting the GOP presidential nomination in heading to Louisiana to see the damage from hurricane Isaac, changing his schedule on the fly to get there the very next day. President Barack Obama also tweaked his travel plans to make sure he gets there Monday, ahead of his own nominating convention.

This for a Category 1 storm that killed seven and swamped low-lying areas of Louisiana and dumped more than a foot of rain on its way north — a disaster, to be sure, but one that will never rival the biggest to hit the Gulf Coast.

In a region with a storied culture and a history of human suffering, natural and man-made catastrophes, and struggles with government ineptitude and indifference, it's just another turn in front of the cameras as the perfect political backdrop.

Quoted

"What are both of them going to do? Come down here and look? ... I need lights, I don't need a president."

Eddie Cooley, 56

Call it the Katrina effect: Presidents, and would-be presidents, can't afford to get panned like George W. Bush did in the days after hurricane Katrina crippled New Orleans and the Mississippi and Alabama coasts in 2005, killing more than 1,800.

"I dare say, before Katrina there's no way that you would have the president and Romney here within days of one another in a storm of this relatively small magnitude," said Robert Mann, the director of the Reilly Center for Media & Public Affairs at Louisiana State University.

For many of the people who call the Gulf Coast home, it doesn't matter if it's a storm that submerges the streets, or a busted oil well spewing millions of gallon of crude: the political posturing doesn't make them feel like relief is coming any faster. THE ASSOCIATED PRESS

Travellers say they faced rude border officers, accusations: Reports

A complaints system run by the Canada Border Services Agency is documenting cases of travellers enduring rude behaviour and lengthy interrogations, as well as one case where someone was falsely identified as a person "with criminal ties."

According to quarterly reports obtained by The Canadian Press through the Access to Information Act, there were 1,105 complaints — about six per day — about the services provided by the agency's employees from Jan. 7 until the end of June last year.

A report by the agency on the revamped complaints system obtained under freedom of information legislation says .0025 per cent of all travellers complain about the service from its employees, adding "this rate will be used in future media calls as it puts the Canada Border Services Agency in a positive light."

However, a civil liberties advocate says he is concerned about the incidents that have emerged and believes it demonstrates an independent oversight agency is needed — similar to arms-length commissions that oversee the RCMP and other police agencies.

In a separate record created from its database, the agency has documented 129 cases where complaints about "employee or officer conduct" were found to be valid by internal investigators.

THE CANADIAN PRESS

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Muslim cleric accused of planting evidence on mentally challenged girl

Pakistan. Member of mosque says Qur'an pages were put in girl's bag to make it seem like she burned holy book

Pakistani police are investigating whether a Muslim cleric who allegedly tried to frame a Christian girl for blasphemy should be charged with insulting Islam himself and potentially face life in prison, a police officer said Monday.

Khalid Chisti was arrested Saturday after a member of his mosque accused him of stashing pages of a Qur'an in a Christian girl's bag to make it seem like she burned the Islamic holy book. He allegedly planted the evidence to push Christians out of his neighbourhood in Islamabad. He has denied the allegations.

The case has generated significant international attention because of reports that the girl is as young as 11 and is mentally handicapped.

Human rights activists have long criticized Pakistan's harsh blasphemy laws, saying they are misused to persecute non-Muslims and settle personal vendettas. They have hailed Chisti's arrest as unprecedented and hope it will prevent false blasphemy accusations in the future.

More immediately, they have called for the release of the Christian girl, who has been held in prison for over two weeks.

She will remain in jail until at least Friday after her bail hearing was postponed for a second time Monday, said her lawyer, Tahir Naveed Chaudhry. The court adjourned the hearing until then because of a lawyers' strike, he said.

Police registered a blasphemy case against Chisti on Monday for allegedly desecrating the Qur'an, said police officer Munir Jafferi. If he is charged by a court and convicted, he could face life in prison, said Jafferi.

A separate section of Pakistan's blasphemy laws says insulting Islam's Prophet Muhammad carries the death penalty.

Police are also contemplating levelling additional charges against Chisti, such as fraud, planting evidence and making false allegations, said Jafferi.

Police arrested the girl from her neighbourhood in Islamabad over two weeks ago after an angry mob of several hundred appeared at a local police station, demanding action against her for alleged blasphemy. Police said at the time that they took her into custody partly to protect her from potential harm.

People accused of blasphemy, even those who aren't convicted, often face vigilante justice by outraged Pakistanis. A Pakistani man accused of blasphemy in July was dragged from a police station in the centre of the country, beaten to death and his body set on fire.

Christians in the girl's neighbourhood left the area en masse as soon as the accusations surfaced, fearing retribution from their Muslim neighbours.

The Associated Press has withheld the girl's name because it does not generally identify juveniles under 18 who are accused of crimes.

The girl's supporters say she is 11 years old and has Down syndrome; a medical board said she was about 14 and that her mental age didn't match her physical age. THE ASSOCIATED PRESS

Blasphemy laws

- Human-rights activists have long criticized Pakistan's harsh blasphemy laws, saying they are misused to persecute non-Muslims and settle personal vendettas. They have hailed Khalid Chisti's arrest as unprecedented and hope it will prevent false blasphemy accusations in the future.

Kenyan cleric charged after deadly protests

A cleric who the UN says has urged the killing of U.S. citizens has been charged in court with inciting violent protests that left four people dead last week in Kenya's second-largest city.

Abubaker Shariff Ahmed appeared before the court Monday in the port city of Mombasa after an arrest warrant was issued. He denies the charges.

Violent protests erupted in Mombasa last week following the assassination of hardline Muslim preacher Sheik Aboud Rogo Mohammed, a close friend of Ahmed's.

Both men were under a travel ban and asset freeze by the UN Security Council and the United States for supporting the al-Qaida-linked Somali militant group al-Shabab. THE ASSOCIATED PRESS

Monsoon over Mumbai

A worker pulls his cart through a flooded street during monsoon rains in Mumbai, India, on Monday. The monsoon rains, which usually hit India from June to September, are crucial for farmers whose crops feed hundreds of millions of people. RAJANISH KAKADE/THE ASSOCIATED PRESS

Egypt

Police investigate heavy metal concert

A heavy metal concert has prompted a police investigation after an Islamist lawyer claimed it was attended by Satanists at a well-known cultural centre in Egypt's capital Cairo.

A security official says Muslim Brotherhood lawyer Ismail el-Washahi filed a suit accusing the El-Sawy Culture Wheel of hosting people wearing black T-shirts, carrying Satanists' drawings and accessories while dancing at the concert. The suit claims "Satanist rituals were held."

The centre denied the claims, saying some violations of its rules, like smoking, occurred but were dealt with. An investigation began Monday, said the official, speaking on condition of anonymity because he was not authorized to talk to the press.

The allegations recall a high-profile case 15 years ago when state security cracked down on "Satan worshippers," arresting some 100 heavy metal fans. THE ASSOCIATED PRESS

India

Israel asks for 'Hitler' shop to change name

Israel has complained to the Indian state of Gujarat about a menswear shop there named "Hitler."

Israel's consul general to the city of Mumbai, Orna Sagiv, says she asked state officials Monday to intervene to help get the store's name changed. She said she tried to explain to them "how grave and serious the issue is."

The shop opened last month with a huge sign reading "Hitler" and a Nazi swastika inside the dot in the letter "i."

The owner said he didn't know about Hitler's history when the name was suggested by his partner, whose stern grandfather was nicknamed Hitler.

The Nazi dictator who led the extermination of Jews in Second World War Europe is a subject of routine fascination in India. THE ASSOCIATED PRESS

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Robocall allegations surface ahead of Quebec election

Dirty pool. Someone claiming to be from Elections Canada made similar calls during the 2011 federal election, residents say

Allegations of unethical robocalls, which surfaced following the last federal election, have now sprouted on the last full day of the Quebec election campaign.

The Quebec Liberals filed a complaint Monday with provincial police over allegations of trick phone calls before Quebecers head to vote.

The governing party says it has learned of a series of automated calls falsely made in the party's name in the Quebec City region.

The alleged message was spoken mostly in English in the overwhelmingly francophone region.

Other calls were made in Laval, a suburb north of Montreal, by people using an "aggressive tone" and claiming to be representing the Liberals, according to the party.

"All these calls are false and obviously emanate from an organization or individuals who want to harm the Liberal party," the Liberals said in a statement.

A spokeswoman for Quebec's provincial police couldn't immediately confirm an official complaint had been filed.

Voters are set to cast their ballots Tuesday.

Polls place the Parti Quebecois ahead of the Liberals and the upstart Coalition party.

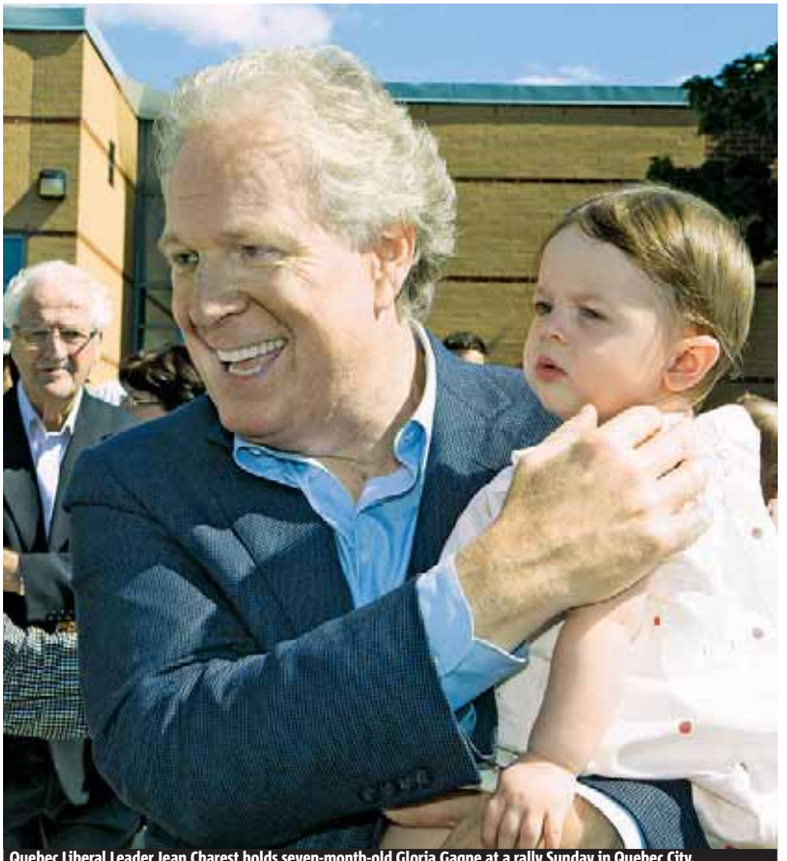
PQ Leader Pauline Marois and Liberal Leader Jean Charest spent the final day in the Quebec City area, where polls suggest Francois Legault's Coalition party could steal several seats from the Liberals.

THE CANADIAN PRESS

Investigation

Officials continue to investigate allegations of fraudulent and misleading phone calls made during the 2011 federal election.

- **Automated calls.** A number of residents say they received automated phone calls from someone claiming to be from Elections Canada and directing them to a wrong or non-existent polling station.
- **Tories.** While the misleading phone calls appeared to target non-Conservative voters, the Conservative party insists it had no involvement in any such scheme and says it is assisting the investigation.



Quebec Liberal Leader Jean Charest holds seven-month-old Gloria Gagne at a rally Sunday in Quebec City. Voters in the province head to the polls on Tuesday. JACQUES BOISSINOT/THE CANADIAN PRESS

Caucus retreat

This summer has marked the first time in 15 months that New Democrats have had time to take a deep breath and indulge in some long-term planning.

- And this week's caucus retreat represents the moment when they'll "press the reset button," as one insider puts it.

Liberals, NDP set to reverse roles

The coming week will be a study in role reversal as federal New Democrats and Liberals hold simultaneous caucus retreats to plot strategy for the fall sitting of Parliament.

After a tumultuous, roller-coaster year, the NDP's 101 MPs are viewing their meeting in St. John's, N.L., as a chance to move forward with calm deliberation and, finally, some stability.

They aim to cement their claim as the only credible alternative to the Harper government and set an ambitious course for defeating the Conservatives in the next election in 2015.

The tiny Liberal caucus, meanwhile, will be meeting at a resort in Montebello, Que., grappling with how to maintain a parliamentary presence while up to a fifth of its 35 MPs plunge into a lengthy, existential leadership contest.

A year ago, it was the NDP, reeling from the untimely death of Jack Layton, that was facing an uncertain future. Its most experienced MPs were preparing to launch leadership campaigns, leaving untested novices to hold down the parliamentary fort.

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Staying afloat

"We've really just been hanging onto the side of the boat and trying not to tip over for a year."

NDP insider on how the party has been behaving

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Teachers get failing grade

Improper education. Students complain of unprofessional teachers at some career colleges: Documents

Complaints filed by students about some of Ontario's private career colleges allege that harassment from teachers, inadequate instruction and lack of proper equipment are hurting the quality of education at these increasingly popular institutions.

"The teacher is very degrading and belittling of her students on a daily basis," reads a complaint from a student at Everest College's Mississauga campus.

Among the complaints are numerous allegations that instructors behaved unprofessionally or lacked knowledge.

There are also claims that some schools didn't have the equipment needed for certain training programs and that instructors at several institutions didn't provide the amount of instruction time promised.

The documents, obtained by The Canadian Press through a freedom-of-information request, outline 47 formal complaints made by students to Ontario's Ministry of Training, Colleges and Universities in 2010 and 2011.

The bulk of the complaints — about 36 per cent — were about Everest College, which has some 5,000 students and operates 16 campuses in the province.

THE CANADIAN PRESS

Registered students

- There are more than 67,000 students attending registered private career colleges in Ontario, according to the provincial government.
- In B.C., some 50,000 students are enrolled in registered private career colleges, while Nova Scotia has just over 3,000 students attending such schools.

Sweden

Hackers jam government, military websites

Swedish government websites were jammed by hackers for hours Monday, with some supporters of WikiLeaks founder Julian Assange claiming responsibility on Twitter.

The websites of the Swedish government, armed forces and the Swedish Institute experienced problems.

Niklas Englund, head of digital media at the Swedish Armed Forces, said it was unclear who was behind the so-called denial-of-service attacks, in which websites are overwhelmed with bogus traffic.

THE ASSOCIATED PRESS

Murdoch protege in court

Rebekah Brooks, former chief executive of News International, arrives at Westminster Magistrates Court in London on Monday. The Rupert Murdoch protege has been formally charged with conspiring to hack into the phones of hundreds of well-known people and their associates. Brooks, who quit her position when the phone-hacking scandal exploded last year, has vowed to fight the charges. SANG TAN/THE ASSOCIATED PRESS

Spain. $125B rescue package will be enough to help ailing banks: Economy minister

Spain's ailing banks won't likely need to tap all the 100 billion euros ($125.7 billion US) that's been made available by the country's euro partners, Economy Minister Luis de Guindos said Monday.

In a further indication that Spain's economic problems are not as acute as some in the markets have been fearing, De Guindos also insisted that no additional austerity measures will be needed to meet the Spanish government's deficit-reduction target. Spain is battling to avoid the same bailout fate as Greece, Ireland, Portugal and Cyprus.

THE CANADIAN PRESS

Kenya

Nearly 280,000 teachers strike

Union organizers say nearly 280,000 teachers in Kenya are staying away from work to demand long-overdue pay raises, paralyzing resumption of classes after holidays.

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45	$16	$13	$23	$17	$33	$22	$57	$38
50	$17	$13	$33	$24	$52	$36	$96	$67
55	$26	$19	$53	$37	$80	$56	$168	$123
60	$37	$26	$88	$58	$160	$110	$310	$212
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on Metrolinx's Accessibility Initiatives

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Following a presentation on Metrolinx's draft Multi-Year Accessibility Plan highlighting priorities for improving accessibility across the region, there will be a moderated session for sharing feedback, suggestions, ideas and questions.

September 13 @ 7 p.m. - 9 p.m.
Oakville Town Hall
Oakville and Trafalgar Room
1225 Trafalgar Road,
Oakville, ON, L6H 0H3

September 20 @ 7 p.m. - 9 p.m.
York Region South Service Centre
Training Centre Rooms A, B and C
50 High Tech Road,
Richmond Hill, ON, L4B 4N7

September 24 @ 7 p.m. - 9 p.m.
Pickering Recreation Complex
O'Brien Rooms A and B
1867 Valley Farm Road,
Pickering, ON, L1V 3Y7

September 27 @ 7 p.m. - 9 p.m.
Metro Hall
Room 308 and 309
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Toronto, ON, M5V 3C6

Please register for the meeting closest to you at **metrolinx.com/accessibility** or at 1.888.438.6646 to let us know what accommodations you may require for the meeting.

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Cambodia nabs file-sharing site co-founder

The Pirate Bay. Sweden requested arrests for violating copyright laws

A co-founder of popular file-sharing website The Pirate Bay was arrested in Cambodia at the request of Sweden, where he faces a one-year prison term for violating copyright laws, authorities said Monday.

Cambodian authorities arrested Gottfrid Svartholm Warg on Thursday at a home he had rented in the capital, Phnom Penh, said national police spokesman Kirth Chantharith.

"He is being detained in Cambodia and we are waiting to expel him," Chantharith said.

Cambodia has no extradition treaty with Sweden but has requested details of Svartholm Warg's crime in order to process his handover, he said, adding that Cambodia would act as quickly as possible.

Denying the charges

All four defendants denied the charges, arguing that The Pirate Bay doesn't actually host any copyrighted-protected material itself.

- Instead, it provides a forum for users to download content through so-called torrent files.
- The technology allows users to transfer parts of a large file from several different users, increasing download speeds.

Svartholm Warg and the site's three other founders were convicted in 2009 by a Swedish court of assisting copyright infringement by helping millions of the site's users to illegally download music, movies and computer games.

All were sentenced to one year in prison and ordered to pay 30 million kronor ($3.6 million US) to entertainment companies, including Warner Bros., Sony Music Entertainment, EMI and Columbia Pictures.

Svartholm Warg failed to show up at an appeal hearing in 2010. In 2010, his defence attorney told the court he had received text messages from Svartholm Warg's mother saying her son had fallen ill in Cambodia and would not appear in court.

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Orlando Continental Plaza — incl $114 base + $308 taxes & fees
INCLUDES accom near theme parks and 7-day car rental with unlimited mileage. Price per person based on family of 4. Departs Oct 21/vth/c6. ADD *Walt Disney World* Resort 4-day *Magic Your Way* Base Ticket for $287/adult, $268/child (ages 3-9).

Chicago Air + 3 Nights $650
Courtyard Chicago Downtown — incl $511 base + $139 taxes & fees
INCLUDES River North accom on Restaurant Row. Departs Sep 25, Oct 1/ggv/dl. UPGRADE to 4-star Palmer House Hilton for $10 per night. ADD hop-on, hop-off trolley for $26.

New York Air + 3 Nights $696
New York Marriott Downtown — incl $529 base + $167 taxes & fees
INCLUDES Manhattan accom. Departs Sep 28/wsv/ws. ADD Empire State Building tour for $8.

Honolulu Air + 7 Nights $975
Aqua Aloha Surf Waikiki — incl $809 base + $166 taxes & fees
INCLUDES accom near Waikiki beach. Departs Oct 25/wsv/ws.

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Vacations

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Asset Hotel Shanghai — incl $585 base + $474 taxes & fees
INCLUDES central accom near the Bund. Departs Nov 7/ggv/ua.

Peru Air + 8 Nights $1188
Thunderbird Carrera — incl $748 base + $440 taxes & fees
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Vorayuth Yoovidhya, a grandson of late Red Bull founder Chaleo Yoovidhaya, is taken by a plain-clothes police officer for investigation Monday in Bangkok. Vorayuth is suspected of driving a Ferrari that struck and killed a policeman in an early-morning hit-and-run accident, police said Monday. THE ASSOCIATED PRESS

Red Bull heir accused of deadly hit-and-run

Thailand. Driver said the police officer's motorcycle abruptly cut in front of his vehicle: Investigator

A grandson of the creator of the Red Bull energy drink has been arrested for driving a Ferrari that struck a police officer and dragged his dead body down a Bangkok street in an early-morning hit-and-run, police said Monday.

Police took Vorayuth Yoovidhya, 27, for questioning after tracing oil streaks for several blocks to his family's gated estate in a wealthy neighbourhood of the Thai capital.

THE ASSOCIATED PRESS

Bail

Vorayuth Yoovidhya was facing charges of causing death by reckless driving and escaping an arrest by police but was released on a 500,000 baht ($15,900 US) bail.

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SUMMER BUMMER — THE SEASON THAT CAME AND WENT TOO SOON

SHE SAYS...
Jessica Napier
metronews.ca

They say that the third Monday in January is technically the most depressing day of the year. Of course, Blue Monday is actually just the result of a pseudo-scientific equation devised for a travel company as a way to sell post-holiday getaway packages. Personally, I think today, the Tuesday immediately following Labour Day, might have Blue Monday beat on the gloom-o-meter. Let's call it, 'Weep all over your Keyboard Tuesday.'

Every year, the Labour Day long weekend comes and goes as a bittersweet farewell to summer. After a three-day final hurrah, it's time to roll up those picnic blankets, stow away the denim shorts and wake up from our collective summer dream that has filled the past few months with warm breezes and cool cocktails.

Stuff your knapsack

Back-to-school isn't just one day; it's a month-long season stretching out between the end of summer and Thanksgiving. There is a shift in the atmosphere right now — the world is getting a little more serious as the rat race begins again.

Even though most of us haven't seen the inside of a classroom in years, September will always feel like back-to-school time. A period of new beginnings, freshly sharpened pencils and pristine, blank Hilroy notebooks. Wait, do kids still use notebooks? Am I dating myself here?

The majority of individuals entering college for the first time this September were born in 1994. I know, as someone who is still under 30 I'm not technically allowed to feel old, but that fact makes me feel relatively archaic.

But I digress.

Back-to-school isn't just one day; it's a month-long season stretching out between the end of summer and Thanksgiving. There is a shift in the atmosphere right now — the world is getting a little more serious as the rat race begins again.

Today, you will return to normality and have the same water-cooler conversation over and over again about how quickly the summer flew by. Rationally, we all know it came and went in the exact same number of days and hours that it always has, but our collective groaning and post-Labour Day dialogue is just part of the grieving process.

In the spirit of back-to-school shopping and commerce-curing emotional anguish, I felt compelled to shop for a fresh new outfit. I tried to cheer myself up with a back-to-work ensemble, but all the burgundies and browns and classroom-themed window displays sent me running back to my wardrobe to clutch my floral dresses in despair. I can't let go, it's too soon.

As the vitamin D deprivation sets in, I will try my hardest to get excited for pumpkin spice lattes and apple picking, but I know that part of me will always be yearning for humid air and endless daylight.

I guess we would never appreciate the warmth of summer without the cool breeze of fall.

A post-Labour Day groan underpins many conversations starting today.
DOMINIC LIPINSKI/THE ASSOCIATED PRESS

Another prince makes headlines

GETTY IMAGES PHOTOS

Don't look down

Duke of York takes a stroll

After Prince Harry's adventures in Vegas, another member of the royal family gets into trouble.

At least Prince Andrew had chosen to be a spectacle, with this daring abseil down London's Shard — the tallest building in Europe.

The daredevil Duke of York performed the stunt for educational charity The Outward Bound Trust, along with Ffion Hague — a fellow trustee and wife of the foreign minister — and several other participants.

Former pilot Andrew revealed he had the Queen's approval.

METRO

All smiles: Prince conquers Shard

Royal stunts

Andrew not the only thrill-seeker

- **Prince William.** Harry's brother landed a helicopter in his girlfriend's garden in 2008. The army described it as "sheer stupidity."

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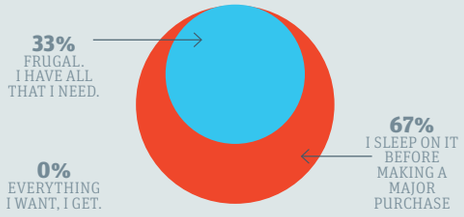

Twitter

@Coffee_and_pie:
sooo, happy #labourday everyone!

@Roland_Fitz:
Watching the #air show being in the moment on this wonderful #LabourDay

@Christina_3232:
Enjoying the amazing weather at the CNE :) love my labour day long weekend tradition!

@StaceyHope:
I sometimes forget how gorgeous Toronto's harbourfront is. @ Exhibition Place

@_blessed4lyfe:
The best revenge is to show the person that you are truly happy.

@DilaDeyanira:
Nothing like watching the Labour Day Classic in Hamilton!!! Last one at Ivor Wynne Stadium #history

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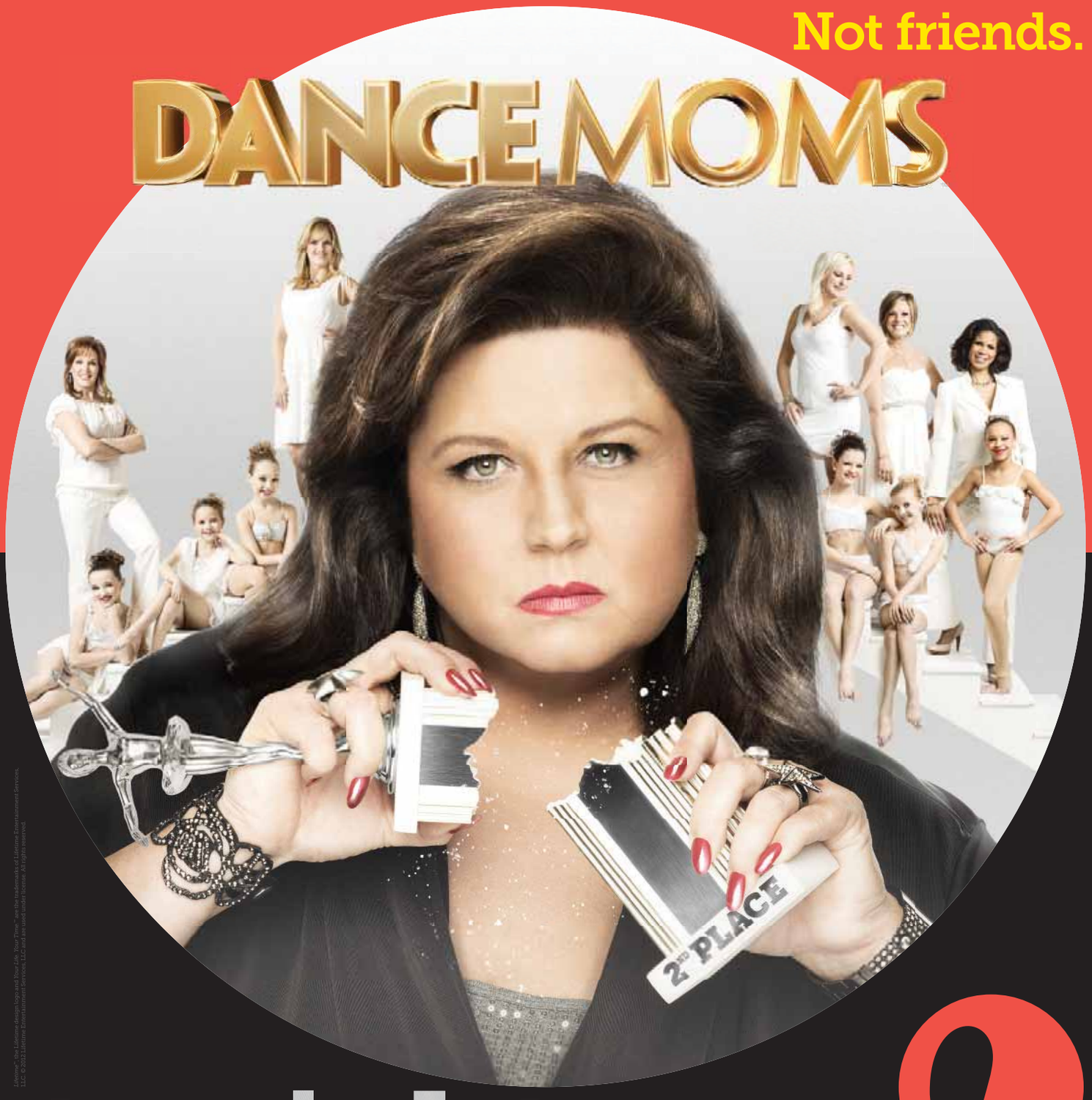

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DVD reviews

The Five-Year Engagement

Director. Nicholas Stoller

Stars. Jason Segel, Emily Blunt

●●●○○

The Five-Year Engagement pairs actors Jason Segel and Emily Blunt in a believable story about how fate and career choices can get in the way of best-laid plans, including marriage. Director Nicholas Stoller guided Segel in Forgetting Sarah Marshall and shares writing credits with him here. But it's producer Judd Apatow who keeps this frothy film from hitting it out of the rom-com ballpark. To Apatow, any joke worth doing is worth doing two or three times. You like that karaoke scene where the moron pal sings off-key embarrassing stuff? Get ready to see versions of it again and again. Engagement has a few good laughs and some home truths about the difficulties of maintaining personal relationships. Segel and Blunt are convincing as star-crossed lovers Tom and Violet. It's particularly good to see Rhys Ifans cast against type as Violet's reptilian boss. Now if only Apatow had a pair of scissors.

PETER HOWELL

Safe

Director. Boaz Yakin

Stars. Jason Statham, Catherine Chan

●●●○○

After charming and inspiring multiplex hordes with his Uptown Girls and Remember the Titans, writer/director Boaz Yakin goes darker with the genre flick Safe. Luke Wright (Jason Statham) meets 11-year-old Chinese math whiz Mei (new face Catherine Chan) in the subways beneath Manhattan's gritty streets. Mei's on the run from evil Chinese gangsters who kidnapped her to use her as a human computer. She's also fleeing rival Russian mobsters and corrupt NYPD cops. What a coincidence. Tight-lipped Luke is hot-footing it from the same Russians and soon will be evading the Chinese baddies, too. Don't look for much of a story in this actioner.

PETER HOWELL

The Sheepdogs play Toronto's Echo Beach on September 15. GETTY IMAGES

Sheepdogs don't stop at Rolling Stone cover

New album.
Saskatchewan rockers release fourth album and cast their eyes to a southern invasion

IAN GORMELY
scene@metronews.ca

With all due respect to Dr. Hook, there's far more to the Sheepdogs than a picture on the cover of the Rolling Stone.

The Saskatoon rockers hope to meet — or, says lead singer and guitarist Ewan Currie, exceed — expectations of the band with their new self-titled album.

While the quartet have exploded at home in Canada, in the U.S., they're still just that band who won a fan-voted contest that landed them the cover of the venerable magazine.

"Like, who are these guys, some American Idol thing?" jokes Curries of the band's image down South. "But I'm fully confident that we can back it up."

As he should be. The band's latest album, their fourth, was produced by the Black Keys' drummer Patrick Carney and marks a great leap forward for them, stepping out from behind their influences to showcase their tremendous sense of pop song craft.

The band met Carney at a festival in New York last year, and from the get-go it was clear that the drummer was looking beyond a cursory meet and greet.

"He was very interested to know what we were going to do for our next album," recalls Currie.

"It was more than a casual question.

"I was like, 'Why are you so invested.'"

Never one to look a gift horse in the mouth, the band asked Carney if he was interested in producing their follow up to 2010's Learn and Burn. At first Carney declined due to scheduling conflicts, until a two-week window opened up this past January.

The band quickly assembled the material they had and headed to Nashville to record.

"It was as rushed, as is everything else we've done in the last year and a half, but I don't think we felt like we made it under any sort of duress," says Currie.

"You could crumble under that pressure or you could let it galvanize you. And that's what we did."

Penning tunes

Old is new again

Since the Rolling Stone cover contest, the Sheepdogs have been on a whirlwind schedule of gigs, appearances and press commitments, leaving them little time to write. Currie would demo new material on his laptop and then send tracks to Carney for feedback. The band brought several older songs to the sessions including the track Never Gonna Get My Love, which the band originally recorded four years ago but never released.

2SCENE

On the web

Pearl Jam closes Made in America festival with help from Jay-Z; Drake, Run DMC also perform.

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Happy in the havoc

You live, you learn. Alanis Morissette shares her thoughts on momhood, social media and the past

Alanis Morissette is feeling a little more appreciated as a woman these days, and her new album, Havoc and Bright Lights, is a reflection of that. "(There's) the whole shifting of the misogynistic, chauvinistic, patriarchal thing into what this new climate is slowly becoming, which is the celebration of the alpha-empowered woman," she said of today's culture.

Her new outlook may also be due in part to her role as a mother: She and her husband, Soul Eye, had son, Ever, in December 2010, and the Grammy winner says that becoming a parent has been a "head and heart spinner" for her.

She spoke about this and more to The Associated Press.

You now have your own family. What has that experience meant to you?
I have a song (on the album) for my husband called Til You and it's the whole idea of how excited I am that I met someone who shares enough of the same values as me that we can do it together. I talk about my son and husband in the chorus and the verse is really about me saying I can't take care of my son if I don't take care of myself. I could get away with not taking care of myself as a bachelorette but as a mom I can't.

Alanis Morissette. VICTORIA WILL/ INVISION/THE ASSOCIATED PRESS

How did you learn that?
I learned it postpartum because there was no way I could do attachment parenting, breast feeding, nurture my marriage ... have the bandwidth to keep all that going without learning how to heal my own relationship with myself.

You're on social media, but are you addicted?
No, but it's inspiring. The challenge for me is to have an experience that isn't filtered through the mindset of, "Should I put this on my website, should I tweet this?" Can I just have an experience that is not tweeting?

Isn't it interesting to think about where social media is now and wonder what things will be like for your son say, 15 years from now?
Yes, the challenge will be to foster connection. ... We went to a restaurant and you sat down and the table was a laptop that you touch (the) screen and you could shop while you order your food ... I thought, "This is the end of civilization as we know it." You go to this restaurant specifically when you have a lunch with someone you don't want to talk to (laughs).

What do you think when you see old videos of yourself from the Jagged Little Pill days?
I think, "She's cute — nice hair, she looks a little greasy" (laughs). She's like a little sister almost.

THE ASSOCIATED PRESS

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Eric McCormack's new character is no Will Truman

Perception. Toronto-born actor plays a paranoid schizophrenic neurological science professor in new series

IAN GORMELY
scene@metronews.ca

Playing the same character for eight years is bound to typecast any actor in certain people's eyes.

But Eric McCormack hopes the audience's affection for Will Truman will carry over to his newest character, Daniel Pierce, a paranoid schizophrenic neurological science professor, on the Bravo program Perception.

In the series' pilot, which premieres Wednesday, a former student, played by Rachel Leigh Cook, who now works for the FBI comes back and gets him to work on cases with a neurological bent. "It's a total fish out of water situation for him," says McCormack. "It's out of his comfort zone."

It's also outside of the kind of characters audiences are used to seeing McCormack play.

"With a character like this, you need some gravitas, but you also need some lightness," he says, certainly something he brought to the table playing one-half of the titular roles on Will & Grace.

"You want someone that the audience has a comfort level with. We're asking a lot. Forget the gay sitcom lawyer. This is entirely different."

The appeal of Pierce for McCormack is the idea of a person for whom the brain is everything, yet he has no control of his own mind. "I think (that) made it really fertile ground."

Born in Toronto, McCormack cut his teeth at Stratford, performing King Lear in the afternoon, and Twelfth Night in the evenings.

"You're constantly asking the actor to believe the same actor in different roles," something he says television doesn't do enough of.

Yet he recognizes that for some people, he'll never live down his most famous role and that's just fine. "There will always be people who go, 'You'll always be Will to me,' but that's OK," he says. "There's some good to that too."

Eric McCormack in Perception. HANDOUT

Friendship

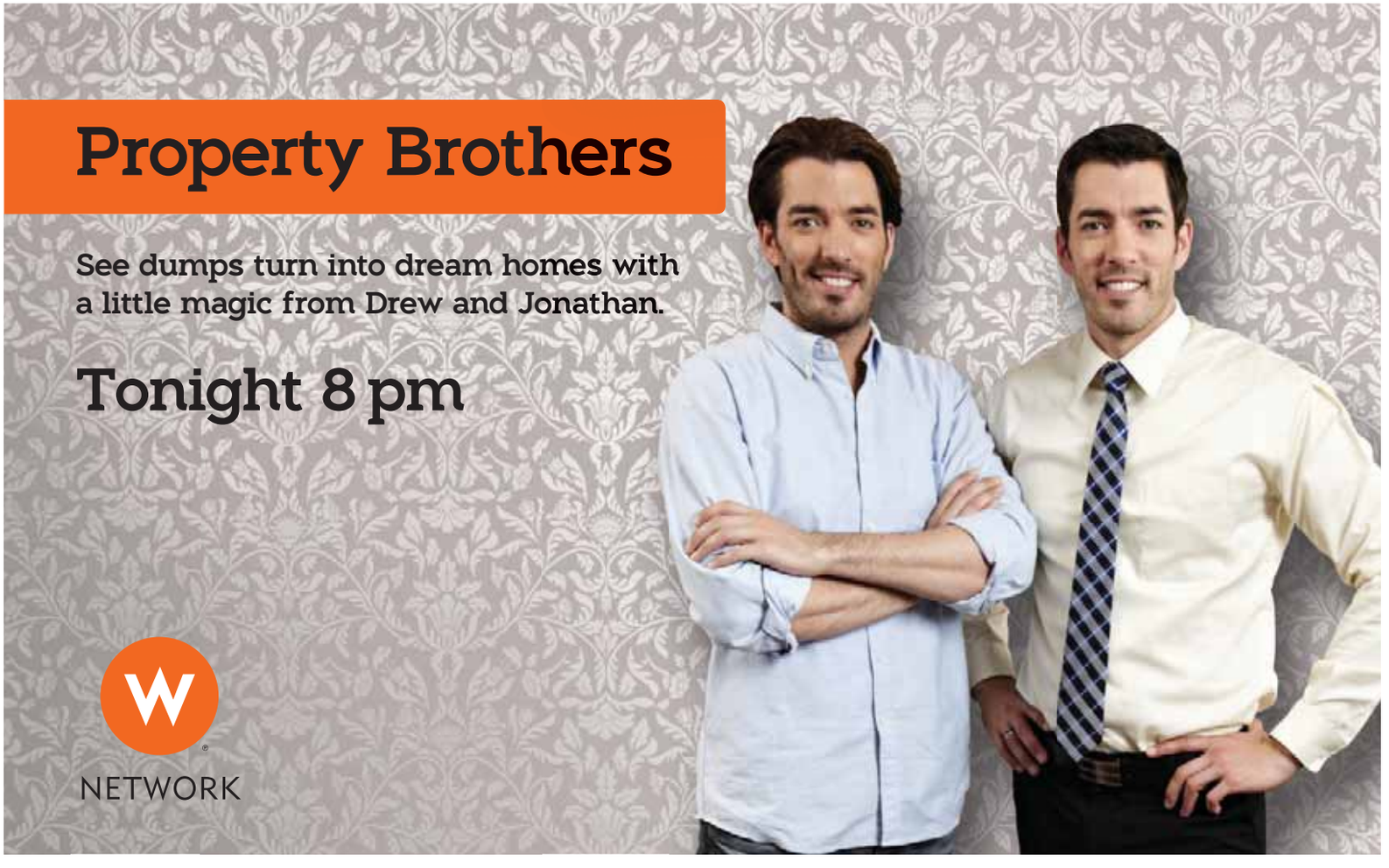
Actor's affection for TNT

Perception was developed by TNT in the United States, where the program has already premiered and been renewed for a second season.

McCormack got the part through his friendship with network president Michael Wright, who the actor describes as "one of the nicest execs I've ever met."

He previously appeared in the short-lived drama aired on the channel during the 2009-2010 season. Since then the pair had been looking for a new project to collaborate on.

McCormack's affection for the network comes from its artist-friendly approach. "[Wright] allows artists and producers to have free reign. There's very few notes and a lot of support. It's a nice place to call home."



Big opportunity on the small screen

World Without End. Canadian Sarah Gadon has no regrets on working on Ridley Scott-produced mini-series

IAN GORMELY
scene@metronews.ca

Working in film, with producers seeking you out is any actors dream. So why on earth would someone in this position take a role on TV?

For Toronto native Sarah Gadon, starring in the upcoming television mini-series World Without End, the answer was simple.

"They wanted to make it like a feature, not like episodic television," she explains. "[Producer Rola Bauer] said, 'I know you want to focus on your feature film career right now, but if you can drop in for these two months, you won't regret it.'"

She didn't. The eight part series, executive produced by Ridley Scott and his late brother Tony, is a sequel to the acclaimed Pillars of the Earth. Both are based on historical drama novels written by Ken Follett. The German-Canadian co-production premieres Tuesday on ShowCase.

Gadon's character, Philippa, is a young person who's married into nobility.

"She's a carefree young woman," says the actress. "She's at the peak of her happiness." But as the infatuation of a fallen noble's son intensifies, her life begins to unravel." It's a fate that besets most of the series' female characters, a symptom of its fourteenth century setting. "Each woman opens up on what being a woman at that time was like," she says. "It's a really interesting perspective."

Although she'd already read Pillars of the Earth prior to getting involved, Gadon, who also studies film at the University of Toronto, opted not to read World Without End before filming, a tip she picked up from director David Cronenberg, with whom the actress made both A Dangerous Method and Cosmopolis.

"He said it never really services you," she says. "It always informs your choices when you're trying to create something different with a completely different medium."

Gadon's character

- The look of Gadon's character was inspired by Pre-Raphaelite painters, a group of 19th century artists who rejected the techniques of post-renaissance art. "Pale skin, high rose cheeks and that very tight, curled hair. Very Italian," she says of the women in their paintings.
- On top of working with a dialect coach to perfect her British accent and a dance teacher, Gadon had to wear a massive wig worth 6000 British pounds to replicate this look. "It was two wigs of human hair sewn together."
- It was so effective that even Gadon didn't recognize herself, which, she says is just fine. "I love being a bit of a chameleon."

Sarah Gadon in World Without End. HANDOUT

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The new season of Come Dine With Me Canada begins Monday, Sept. 10 on W Network at 7:30 p.m. ET/PT with five back-to-back episodes. PROPER TELEVISION/THE CANADIAN PRESS

Look who's coming back to dinner

Bon appétit. Come Dine With Me Canada travels to PEI and Edmonton for Season 3

From cooking with his mother as a youngster to hosting dinner parties as an adult, Michael Creighton has long cultivated a passion for food and entertaining.

The 47-year-old, who works in senior management at Sears, also learned about fine dining and wine pairings after leaving school.

So when Creighton found out Come Dine With Me Canada would be filming on Prince Edward Island, he decided to apply, and was on Cloud 9 when he was accepted onto the TV show. The hardest part? Not being able to tell anyone prior to filming.

"To me, it wasn't about the grand prize or anything. It was just meeting new people and having a blast and doing something you don't get a chance to do," said Creighton, who moved to Oyster Bed, just outside Charlottetown, from Toronto nine years ago.

Come Dine With Me Canada kicks off its third season Monday, Sept. 10 at 7:30 p.m. ET/PT on W Network with five back-to-back episodes. The new season will also see the culinary competition series travel to Edmonton.

Every week, the series follows five amateur chefs as they vie for the title of ultimate dinner party host. The strangers take turns hosting their version of the tastiest and most entertaining meal.

After each dinner, the participants secretly score their host on a scale of one to 10, rating them on their hosting skills and quality of food. The host with the most points at the end of the five nights wins $1,000.

Fun and food

"To me, it wasn't about the grand prize or anything. It was just meeting new people and having a blast." Michael Creighton

The wait to watch

The 30-minute episode that Michael Creighton hosted doesn't air until February, so he has to be tight-lipped about how he fared for a few more months

• "I just can't wait to see it now. You never know how editing is going to go, right? So I'm really anticipating what the final product looks like after all these hours of filming. I'd do it again in a heartbeat."

For the dinner he hosted for Come Dine With Me Canada, Creighton used recipes he's adapted over the years and opted to cook with local ingredients, including lobster.

He took a cue from chef Lynn Crawford, who filmed an episode of Pitchin' In for Food Network Canada featuring Island cuisine, and said lobster was a big inspiration for both his appetizer and main course.

THE CANADIAN PRESS

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OUR TAKE ON THE WORLD OF CELEBRITIES

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@ParisHilton
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@BetteMidler
Made @juliachilds clafoutis w/our own blueberries. Looks-3, taste 10. Ate it all. Rolling in my sleep.

@billmaher
Leaving Leno taping — still fun to do the Tonight Show after all those years; but will I watch it tonight? I never watch myself!

The Word

Klum's spurned ex won't keep lips 'sealed'

MONICA WEYMOUTH
scene@metronews.ca

When photos surfaced of Heidi Klum vacationing with her bodyguard, Martin Kristen, in Italy over the weekend, it didn't quite look like anyone was on the clock. Klum's ex-husband, Seal, was more than happy to confirm the rumors.

"I would have preferred Heidi show a little bit more class and at least wait until we separated first before deciding to fornicate with the help, as it were," the singer told TMZ when asked for a comment on the photos, which show Kristen and Klum with their arms around each other.

"But I guess you now all have the answer that you've been looking for for the past seven months."

Usually, we'd feel gross still talking about a couple who separated almost eight months ago, but you'll remember that these two made us watch as they renewed their vows every year. Plus, they have "help" to "fornicate" with — they'll be OK.

Clint Eastwood THE CANADIAN PRESS

Obama's still a fan of Clint Eastwood after GOP convention ribbing

Pundits may be scratching their heads after Clint Eastwood's bizarre rant against President Barack Obama at the Republican National Convention, but the U.S. President himself isn't mad at the famous actor and director. "I am a huge Clint Eastwood fan," Obama told USA Today. "He is a great actor and an even better director. I think the last few movies that he's made have been terrific." And as for whether he found Eastwood's remarks offensive? "One thing about being president or running for president — if you're easily offended, you should probably choose another profession," Obama says.

Russell Crowe GETTY IMAGES

Crowe gets a little coast guard help

Russell Crowe got an assist from the U.S. Coast Guard while kayaking off the coast of Long Island over the weekend when nightfall forced Crowe and a pal to come ashore 15 kilometres east of where they'd set out, according to the Associated Press. "It wasn't really a rescue. Really, more of just giving someone a lift," says Coast Guard officer Robert Swieciki.

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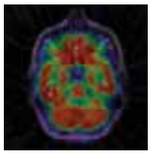

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New blog

Editor aims to lose half of herself

Metro Winnipeg Managing Editor Elisha Dacey.
BERNICE PONTNAILLA/METRO

Two hundred ninety-five.

Spelling it out makes it seem even worse. Either way, 295 is the scariest number I've ever written.

It's the number my little white scale flashed at me the last time I stepped on it. I think I heard it sigh in relief when I stepped off. Or, it could have been my knees creaking. Hard to tell.

When I pitched this idea to my boss, I never thought about the fact that this number was going to be out there. Across Canada. Across the Internet. The judgment that number sets me up for scares me.

Today, I aim to become less of myself. Because they make you pick a number, mine is 145 pounds – or, half the weight I am today.

My tools: An online subscription to Weight-Watchers.ca after my doctor recommended it, a blog that will run twice a week on Metronews.ca, and my running shoes. Which have never been used for actual running and never will, because running sucks.

I will eat real food. I'm doing this the right way, because I don't ever want to do this again. Also, because I'd rather die than give up chocolate.

Join me, because if I, a workaholic mother and wife can do it, so can you.

ELISHA DACEY'S BLOG, HALF OFF, WILL RUN EVERY TUESDAY AND FRIDAY ON METRONEWS.CA.

Doctors are considering new methods of treating cancer in which each specific case is treated uniquely based on its characteristics. ISTOCK

Cancer care unequal around the globe

Research. World Congress considers unique treatment of each patient, and the state of global cancer research

CELIA MILNE
life@metronews.ca

Not all cancer care is created equal.

That was one of the resounding messages from last week's World Cancer Congress in Montreal, which brought together more than 2,000 cancer experts from around the globe.

"We have made great strides in cancer control," Canadian expert Dr. Elizabeth Eisenhauer told Metro. "But contrast this with places where people are dying of cancer without any pain medication."

Eisenhauer was one of the speakers at the Congress. She is the director of oncology at Queen's University and Kingston General Hospital, and co-chair of the Canadian Cancer Research Alliance.

Right now in cancer research, there is a lot of buzz about identifying groups of patients that will benefit from certain medications based on their pathology results. An example of this is in breast cancer, where about 20 to 25 per cent of patients qualify for cancer drug Herceptin because their cancer is HER-2 positive.

The next frontier — which Eisenhauer says is still a long way away — is to be able to treat each patient uniquely. So while cancer treatment is getting more precise, it's not yet personalized. "What people are getting excited about is taking the tumour and doing genetic sequencing and finding drugs for those five or 10 mutations that are unique to that individual," she says.

While wealthy countries reported great scientific progress, the news from poor countries was sobering.

"Even though there is lots to be done in cancer control in Canada, there is much more to be done globally. There is a lot of suffering that doesn't happen here."

3 LIFE

On the Web

'Not without my iPad': Young tech-savvy docs want a real life, but don't call them slackers

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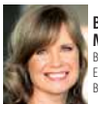
Canada's Jamie Oliver is the new champion of teen health

Best Health. A high-school teacher goes against the grain to create healthy choices for his students



BEST HEALTH MINUTE
Bonnie Munday
Editor-in-chief
Best Health Magazine

Did you know Canada has its very own crusader for getting kids to eat healthier?

His name is Paul Finkelstein, and his delicious, easy recipes are featured in every issue of Best Health magazine. In our September issue, on newsstands now, we have a feature article by Erin Phelan about this innovative high-school teacher and chef based at Northwestern Secondary School in Stratford, Ont.

So what exactly is Paul doing to improve school nutrition?

As part of his culinary arts program, he has created the student-run — and student-named -— Screaming Avocado cafe.

His students create healthy lunch choices that will appeal to kids when they're deciding what to eat for lunch: dishes like Pulled Pork on Homemade Ciabatta, and Seafood & Chicken Paella.

Meals cost just $3 or less, which is healthy competition for the burgers and fries sold at the cafeteria down the hall. "If you give kids a healthy choice, many of them will take it," says Paul.

His model is getting the attention of educators across Canada, including in Souris, PEI, where famed chef Michael Smith is creating a similar culinary arts program in a new school that will house a state-of-the-art kitchen, and a greenhouse.

"Paul proves that nutritional literacy belongs in schools, and when it is, kids thrive" says Smith.

Canada is the only G8 country without a national school meal program. Nearly a quarter of Canadian kids aged two 2 to 17 are overweight or obese, according to Active Healthy Kids Canada. And, says the Canadian branch of the Centre for Science in the Public Interest, "School meal programs help boost rates of attendance and graduation, improve performance, reduce behavioral problems and help form life-long eating patterns that can lead to longer, disability-free lives."

There would also be an economic impact. A Queen's University study found that the combined cost of physical inactivity and obesity is close to $10 billion, or nearly five per cent of total health-care costs.

To read more about Paul Finkelstein's innovative school food program, see our September issue, on newsstands now.

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APOTEX ADVANCING GENERICS

Chicken shows cheesy side

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Ingredients

- 1 1/2 lb skinless boneless chicken breasts
- 1 egg
- 2 tbsp low-fat milk
- 3/4 cup seasoned dry bread crumbs
- 2 tsp vegetable oil
- 1 1/3 cups diced plum tomatoes
- 1/2 cup shredded havarti
- 1/4 cup crumbled goat cheese (about 1 oz)
- 2 tbsp grated Parmesan
- 1/4 cup finely chopped olives
- 1 tsp finely chopped garlic
- 1 tsp dried basil
- 3 tbsp chopped fresh parsley

1. Preheat oven to 425 F. Lightly coat a 9- x 13-inch casserole dish with cooking spray.

2. Working with one at a time, place a chicken breast between 2 sheets of waxed paper and pound to a 2-inch thickness.

3. Beat egg and milk in shallow bowl. Place bread crumbs on a separate plate or shallow dish.

4. Lightly coat skillet with cooking spray add oil and place over medium-high heat. Dip each flattened chicken breast into the egg mix, then coat in bread crumbs. Cook 3 mins. per side or until browned and almost cooked through. Transfer to prepared casserole dish.

5. Combine tomatoes, havarti, goat and Parmesan cheeses, olives, garlic and basil in bowl. Spoon over chicken. Cover and bake 10 mins or until cheese melts and chicken is done (has reached an internal temperature of 165 F). Garnish with parsley and serve. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)**

This recipe serves six. RYAN SZULC FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP)

Health Solutions

Tea-Coffee Smack down

NUTRI-BITES
Theresa Albert, DHN, RNCP
myfriendinfood.com

Are you sipping coffee, or tea? There are benefits to both, but cutting down the coffee and stepping up the tea may make you healthier.

Tim Hortons small coffee (100 mg caffeine) vs small tea (60 mg caffeine)

It is recommended that you get no more than 300 mg of caffeine each day. That means you can have five small cups of tea and only three small cups of coffee each day.

Cream for small coffee (40 calories) vs milk for small tea (15 calories)

Chances are you will drink your tea with milk and not cream. Switch just one of your cups of coffee with cream to tea with milk for a whole year and save yourself 9,125 calories. That represents 2.6 pounds per year. You could stand to lose 2.6 pounds without any work at all, right?

THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM

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Four Changes that can Drop Car Insurance Rates

Drivers should be aware of these changes that could lower their rates.

Car insurance is a bill that everyone would like to see reduced, and fortunately there are a number of ways to accomplish that. A few simple changes can save you a lot of money on your car insurance bill.

Changing your Deductible. The deductible can make a difference on car insurance premiums, but many people are afraid to carry a higher deductible because they don't want to have to pay in case of an accident. The truth is that carrying a higher deductible may save you a lot of money over time – more than enough to make up for having to pay it should such an accident occur.

A New Car. If you go from a vehicle that tends to have higher insurance rates such as a luxury car, sports car, or large SUV, to a smaller or more economical vehicle that has a lower risk level for the insurance company, you could see those rates go down. There are even some cars that come with discounts, such as those that are considered to be highly fuel-efficient or hybrids, or cars with the latest in anti-theft technology.

Shopping Around For a New Company. Changing to a new insurance company could be the change that brings your rates down the most, as each insurance company charges different rates to insure the exact same person. But unless you take the time to shop around regularly, you will never know how much you could save.

Tickets and Accidents Falling Off Your Record. If you've been paying for an at-fault accident or a ticket on your premiums, the day that it comes off will be a good day for your insurance premiums. Remember that while the charge will come off your driving record on the day it was officially recorded against you, it will likely come off your insurance bill on renewal.

Remember that the very best way to keep your insurance premiums low is to shop around for better rates. Insurance quoting sites like

InsuranceHotline.com can help by comparing your insurance rate against over 30 car insurance companies to find you a lower rate available for your driving profile.

The difference between
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Advice

One gift for the shower, one for the wedding

CHARLES THE BUTLER
askcharlesthebutler@metronews.ca
For more, visit charlesmacpherson.com

Hello Charles,
When should we give a wedding gift — wedding shower or the wedding? If there is a wedding shower before and the invitation includes a wedding gift registry, do we give one gift for both and when? Thank you in advance,
Maria

Hello Maria,

Technically you would give two gifts — one for the wedding shower and one for the wedding, as these are two separate events.

Ideally you would bring a gift to the wedding shower with you, however, I personally have never thought bringing a gift to the wedding is a good idea. I have always believed in either sending the gift ahead of time or, what I personally do, is send the gift afterward.

Did you know you have up to one year to send a wedding gift post the wedding?

Now the final question, how much to spend? *Never* spend more than you can afford. I know many people who get themselves in trouble spending too much money going to weddings all summer. I have spoken to many experts in etiquette and I also want to assure you that you do not need to give the value of your meal. That is complete silliness. If you are on a tight budget, then you give accordingly and if you are in a position to give more and wish to, then so be it. But engaged couples that invite guests expecting to be reimbursed for the cost of their meal is just plane wrong. You invite and pay for what you can afford and you invite because you want these people to join you, not so that you can charge them for the meal.

A wedding shower is a separate event from the wedding. ISTOCK

Keeping you in the know and on the GO

GO is adding more trips and making some service adjustments across its network to serve you better and make your travel experience more comfortable, starting September 1

Changing GO Train & Bus Services:

12 – Niagara Falls/Toronto GO Train & Bus (weekend seasonal service ends Sept 3, some GO Bus trips reinstated)

65 – Barrie GO Train & Newmarket/Toronto GO Bus (weekend train pilot ends Sept 3, new & adjusted GO Bus trips)

71 – Stouffville GO Train & Bus (new train trip, longer trains on some trips, new & adjusted GO Bus trips)

New GO Bus Services:

80 – Beaverton/Pefferlaw (serving Beaverton, Port Bolster & Pefferlaw, with connections to YRT's Route 50)

67 – Keswick/North York (serving Keswick, Aurora & North York)

Ride our new Route 67 GO Bus service for free Tuesday, September 4th – Friday, September 7th.

Changing GO Bus Services:

09 – Lakeshore East
15 – McMaster
16 – Hamilton/Toronto Express
19 – Oakville/North York
21 – Milton
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Valuable lessons from divorcees

Reading. You Can Be Right or You Can Be Married offers a look at some people who've had their marriages fall apart

HEIDI PATALANO
Metro New York

The Dana Adam Shapiro of a few years ago would not have ordered a steak while out on a first date with a vegetarian.

But after spending years interviewing divorcees for his new book You Can Be Right or You Can Be Married (on sale Tuesday), the Shapiro who ordered the juicy slab of meat was a changed man.

"That was a very tangible effect of the book," he admits. "So much of the dating process is theatrical. ... You're sort of auditioning, and when you're doing so you're not really being yourself. ... The inevitability is that your real self is going to come through, so you better do it sooner rather than later."

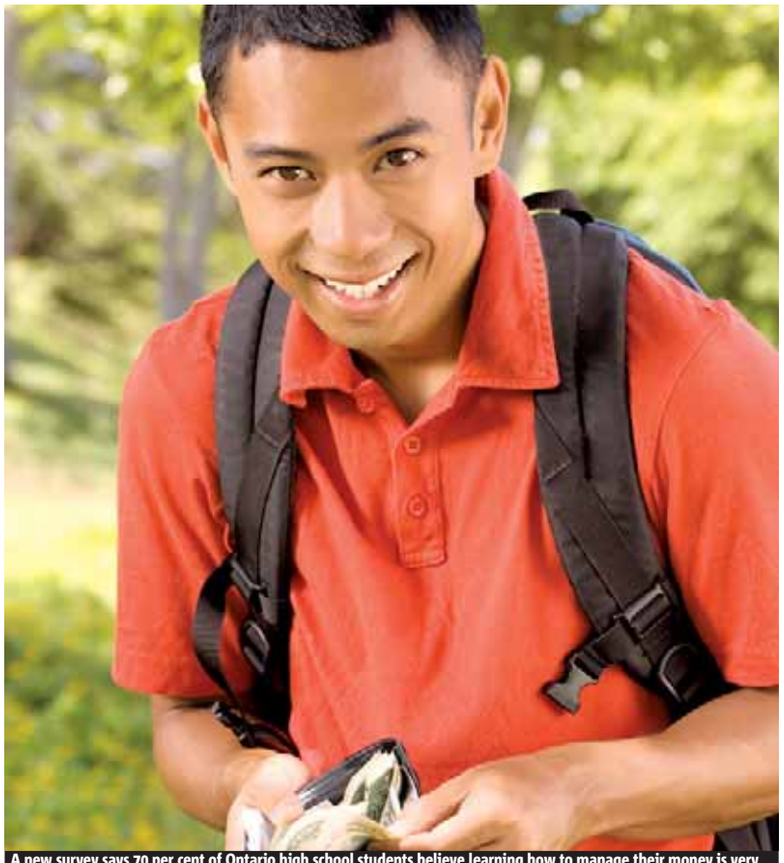
This is just one of the lessons the author took away in the writing of his book. He interviewed dozens of anonymous divorcees who offered unvarnished accounts of their own heartbreak. From there, he extracted a few near-universal truths that he offers to Metro readers:

1. Cheating happens because of complacency: "(Divorce happens when) people aren't putting that effort in any more," Shapiro observes. "That's probably the worst thing you can do. You really do just have to re-earn it all the time."

2. We often expect problems to solve themselves: "One woman said to me, 'A man marries a woman hoping that she won't change and a woman marries a man hoping he will change and he doesn't,'" Shapiro says. "We bury a lot of the problems in the hopes that they'll just get better."

3. There is such a thing as compromising too much: "I think a lot of people try to be the ideal spouse, but sometimes it's at their own expense," he adds. "You wake up 10 years later thinking, 'I'm not me anymore.'"

Author Dana Adam Shapiro. HANDOUT



A new survey says 70 per cent of Ontario high school students believe learning how to manage their money is very important. ISTOCK IMAGES

Is the next generation prepared to manage their finances?

Alison's Money Rule.
The cure for a financially sick society is raising money-smart kids

YOUR MONEY
Alison Griffiths
money@metronews.ca

News flash! They care. They really care! I'm talking about teens and money. And no, it's not just about having it and spending it. Teens, as it turns out, are deeply interested in becoming financially literate. Perhaps the high school generation is learning by bad example.

Their parents and grandparents have managed to become the most indebted Canadians ever, owing $153 for every $100 of disposable income. This state of affairs is a leading cause of stress and stress doesn't make for happy families.

According to a new survey released by the non-profit Investor Education Fund (getsmarteraboutmoney.ca), 70 per cent of Ontario high school students believe that learning how to manage money is important or very important. And here's the key statistic, 69 per cent believe that personal finance should be taught in schools, a 12 per cent jump from 2009.

Teaching personal finance as a distinct course of study from elementary through to high school is critical. In fact, I think the future health of Canada depends on it as financial lives become ever more complex.

We're on the verge of transition to an e-pay society, which widens the distance between our money and us, just as credit and debit cards did when introduced in the 1950s and 1970s respectively.

Financial contracts are complicated, investment jargon buffaloes most people and pension options will only get more difficult to understand as corporations and governments retreat from the defined benefit pension plans of the boomer generation.

In other words, as the 21st century matures our teens will have to get it right. But they feel they lack the tools. Only 40 per cent of high school students believe they're prepared to manage their finances after graduation.

And it is deeply concerning that 70 per cent of them aren't saving for post-secondary studies. Parents may not be able to change the curriculum in schools tomorrow but inspirefinanciallearning.ca has some great lesson plans for grade four through 12, which can be adapted at home.

Take your teens in hand financially; they will thank you for it.

In numbers

25%

Only 25% of students say their school provides them with most of the personal finance lessons they need.

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Even if your child is young, asking the teacher for help is a good way to get ahead. ISTOCK

Teacher, help me to take my year by storm

A-plus advice. We offer a few tips from those who know scholastic success best

MEREDITH ENGEL
life@metronews.ca

For back-to-school season, we seeked out the best advice on making this your child's best year yet by going straight to the source: their teachers.

Ace the first day

"Having personal goals for a course makes a great first impression. Post them in your locker and share them with your teacher, parents and friends. The more people who know your goals, the more likely you are to reach them."
- Brittany Beck

"Students that come to school early and have their materials prepared get noticed."
- JoJo Farrell

"Students who want to make a good impression should ask questions, demonstrate an eagerness to learn and be thoroughly prepared for class."- Justin Kiczek

"Knowing what type of learner you are is helpful. Take the time to figure out whether you're a visual, spacial, auditory, etc. type learner. Let your teacher know this and ask for resources that will assist your style of learning."
- Brittany Beck

Prepping for tests

"The best way to get prepared is simply to read. Fourth- and fifth-grade students are typically assigned independent reading for 30 to 60 minutes per night. The students that do this pass with flying colours."
- JoJo Farrell

"The best way for a student to prepare for tests and quizzes is to be an active note-taker. This means not just copying what's on the board; a student needs to listen intently to the classroom discussion. If certain words, ideas or names are repeated in a classroom discussion, this can be a good cue that the instructor values this information."
- Justin Kiczek

Teacher pet peeves

"Talking in class, showing up late, and the biggest one: texting!"
- JoJo Farrell

"Packing up books and notebooks before class has officially concluded. Not having the required materials for class and making no effort to make up for that. Misspelling my name!"
- Justin Kiczek

"Excuses. When a student has an excuse for missing work, lack of participation or some other problem, I much prefer if they also come to me with a solution prepared."
- Brittany Beck

What a struggling student should do

"Let me know that they are struggling and ask for suggestions to improve their grade. You would be surprised how uncommon this is in elementary school."
- JoJo Farrell

Raise your hand high

"The more people who know your goals, the more likely you are to reach them."
Brittany Beck

Classroom contributors

Meet the teachers

- Brittany Beck is a science teacher at High School of Telecommunication Arts & Technology in Bay Ridge, Brooklyn
- JoJo Farrell is an elementary school teacher at P.S. 64, Manhattan
- Justin Kiczek is an English teacher at Regis high school, Manhattan

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Stay safe on campus with your cell

It's important to be comfortable with your personal limits and values before walking into a new world. ISTOCK

Ready for the return.
How to turn your phone into a back-pocket bodyguard

JULIA WEST
life@metronews.ca

When you think of customizable apps for the college crowd, the first thing that comes to mind is rarely public safety.

But that's exactly the goal of Ping4 this fall. Using innovative technologies such as geo-fencing — which allows users to target a specific area — Ping4 enables students to notify others of a dangerous situation. If you witness a mugging, for example, Ping4 lets you tell all other users who are within the area.

You can provide details on what you witnessed, and if you snapped a photo or video of the suspect, that can be shared with your entire network.

"Or how about a missing person," suggests Mike Welts, vice-president of Ping4. "You can share a photo of them and provide a list of details. As time passes, you can increase the size of your geo-fence, alerting even more people. Rather than an alert that you would only know about if you were on a highway or listening to the radio, you just have to be near your phone to receive that report."

To customize, choose the kind of notifications you want. Non-driving city dwellers may not care about traffic issues, so they can skip those notifications.

Those same people, though, might want to know about the monstrous hail storm approaching or robberies happening near their dorms.

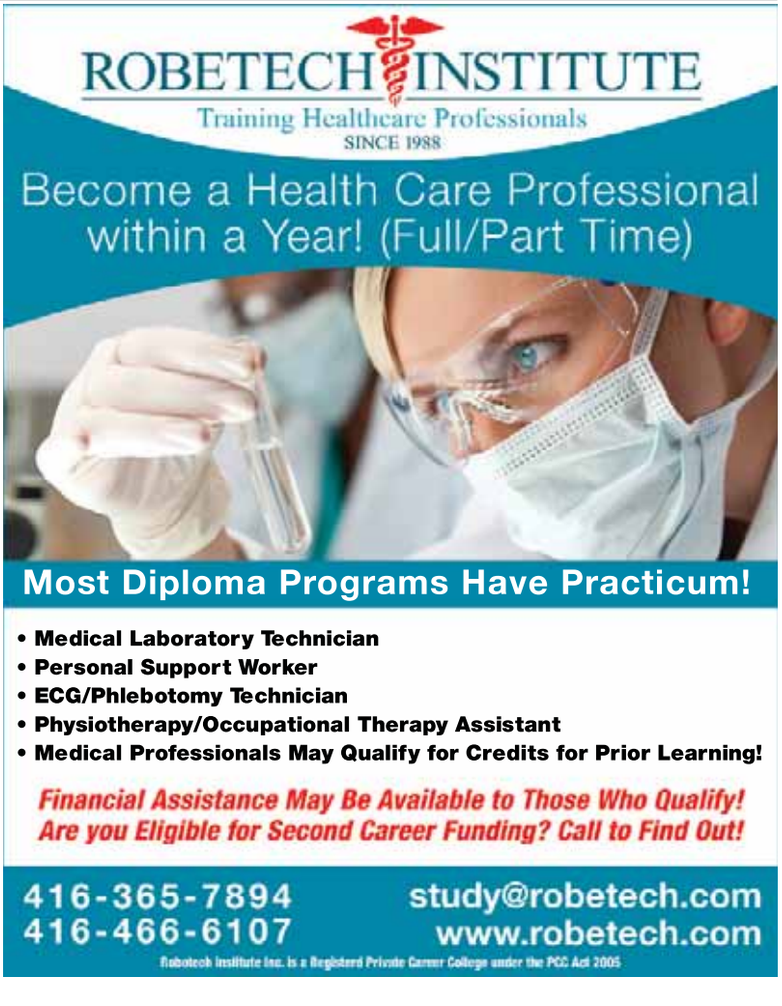
Quick communication

"Rather than an alert that you would only know about if you were on a highway or listening to the radio, you just have to be near your phone to receive that report."
Mike Welts on thePing4 app

Study in safety

Dallas Jessup of Just Yell Fire — an organization that empowers young women to protect themselves against violence and abuse — shares her back-to-campus safety tips.

- "Before heading off to or back to college, check if your school has a late-night police escorting system. A lot of colleges will have a number that you can call late at night if you have to walk back alone and they will walk with you to keep you safe. Find out the number and pre-program it into your cell."
- "Know your limits and values before heading off to college. Despite the fact that legally, if you're under 21, you should not be drinking, a lot of young adults do and therefore it is important to be honest with yourself and know your limits if you find yourself in a compromising situation."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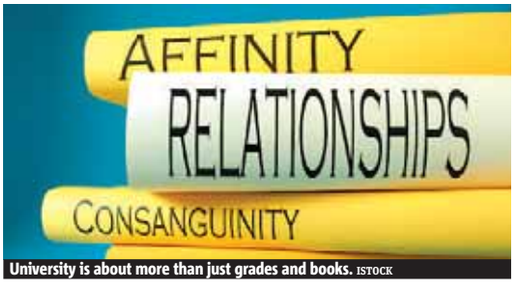

University is about more than just grades and books. ISTOCK

Grades, grades, grades. That can't be all post-secondary is about — can it? University professionals suggest that academic growth is only one of the many types of student development in college.

Still, for the new university student who first stumbles onto campus and sets his or her eyes upon the hundreds of students marching around, the idea of finding a suitable extracurricular niche or activity can seem daunting.

Take a breath: the short- and long-term benefits of joining a club far outweigh the initial anxiety. Here are three expert-approved reasons for becoming involved in a student organization.

Networking

According to Hikaru Kozuma, the executive director of the University of Pennsylvania's Office of Student Affairs, one outcome of club involvement is increased professional interaction.

"As part of a student organization, (students) can interact with staff, faculty and other members of the surrounding community to learn how to collaborate and work with others," he says.

This is an especially vital skill, as the U.S. Bureau of Labor Statistics affirms that 70 per cent of jobs are found through networking.

Leadership skills

In addition to socializing with students who have similar interests, Gina D'Annunzio, director of student activities at Temple University, argues that extracurricular involvement also brings a long-term benefit: workplace competencies.

"My student organizations helped me create examples in job interviews for times when I completed a project from start to finish, worked in a team and showed initiative," she says. "Those are things that you can use that are tangible and marketable."

Although some may worry that too much club involvement could take away from a student's focus on scholastic endeavors, D'Annunzio points to an impressive statistic gathered from a 2010 Student Leadership Assessment showing that 98 per cent of actively involved students report that extracurricular participation actually improved their GPAs.

Socialization and belonging

Building the framework for a support group and sense of belonging can be the difference between success and failure.

Denise Fitzpatrick, who oversees the Cherry Crusade athletic "fan club" at Temple University, says that she witnesses the students involved in her club not only having fun, but also using their friendships for both personal and academic support.

"They really enjoy it because they get to travel to away games and create friendships and bonds. A lot of them are taking classes together and have similar majors, and some of them even eventually become roommates."

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Money lessons. Learn good habits

JANE DOUCET
For Metro

Whether you are a student heading to college or university for the first time or beginning your graduating year, you may be overwhelmed by the fees that quickly add up, including those for tuition, books, residence and meal plan (or apartment rent, groceries and utilities) and transportation.

It's important to keep in mind that those costs must come before any cash you want to spend on such miscellaneous fun items as movies, concerts, pub crawls and clothes. The experts say this is an important time for young adults to take responsibility for their spending habits.

"You have to learn to manage your money yourself, even if your parents are helping you financially," says Sandra Daga, a chartered accountant and a professor in the management department of the University of Toronto's Scarborough campus. "It will help you learn to manage your money when you start working after you graduate."

Daga offers these tips to help students stretch their savings during the school year:

Dollars and sense

"You have to learn to manage your money yourself, even if your parents are helping you financially."

Sandra Daga, a chartered accountant and a professor in the management department of the University of Toronto

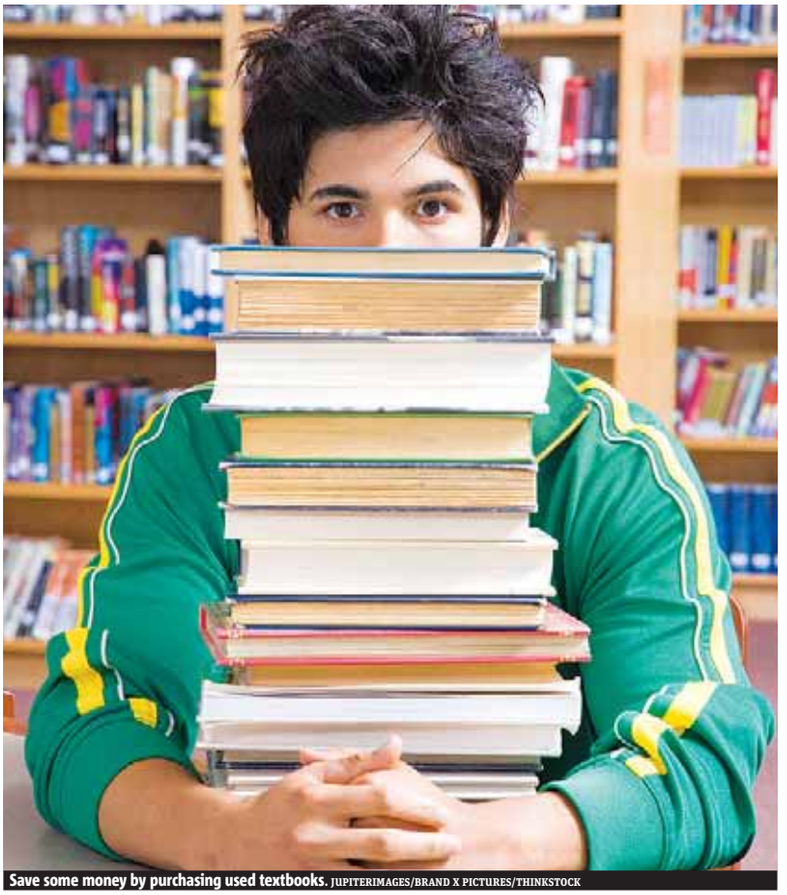
Ditch your wheels. Cars are expensive to maintain. Even if yours is paid for, there is the cost of gas, insurance and repairs. Plus, if you are in an accident, the insurance premiums may rise. "If you can, go car-free," says Daga. "If you live off campus, you can rent an apartment within walking distance or take public transit."

Share an apartment with friends. This is often cheaper per person than living in residence. If you prefer a quieter environment, many homeowners rent small basement apartments or a room in their house to help pay their mortgage. If the house is within walking distance of your school, you will save even more money.

Don't pay for new textbooks. You can buy them used, check them out of libraries, find out if you can rent them from your campus bookstore or visit such online-rental sites as Bigmama.ca.

Look for student discounts. Since you will want to have some fun while you are studying, scout around for student discounts on movies, concerts and museums. If you want to drop by the pub, find out when happy hour is, when drinks will be cheaper.

Create a spending plan. "Set up a plan for how you're going to spend money during the months that you're in school," says Daga. "Then do your best to stick to it so you're not broke at the end of first semester."



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SPORTS 4

Argonauts receiver Chad Owens fights through an Armando Murillo tackle on Monday in Hamilton. FRANK GUNN/THE CANADIAN PRESS

Argos wait till late to claim win over Ticats

CFL. Owens, Waters rally Toronto past Hamilton in final Labour Day game at Ivor Wynne Stadium

Chad Owens was there when the Toronto Argonauts needed him the most Monday.

The speedy receiver amassed a club-record 402 combined yards to help Toronto rally for a thrilling 33-30 win over the Hamilton Tiger-Cats in the final Labour Day showdown at Ivor Wynne Stadium. Owens had two clutch receptions for 29 yards — including a sparkling one-handed, 18-yard grab — on the Argos' final possession with a stiff wind that kept the fateful 51-yard, seven-play drive alive and allowed Swayze Waters to boot the winning 33-yard field goal with 26 seconds remaining.

The late-game heroics were also sweet redemption for Owens, who fumbled twice in the contest, losing one.

"It's something I have to be cognizant of and maybe sometimes stop trying to fight for those extra yards," Owens said of the fumbles. "I told (Argos quarterback Ricky Ray) I appreciate him trusting me and going to me in certain situations and trusting that I'll make the play."

And no play was bigger than Owens's one-handed grab before a sun-drenched sellout gathering of 31,032 at Ivor Wynne, which will be demolished at season's end and replaced with a new facility the Ticats will call home in 2014.

"It was behind me," Owens said. "This is about as long as I can give him (stretching arm out fully) and it hit my hand and I held on to it."

After Waters' field goal, Hamilton took over at its 35-yard line but turned the ball over on downs.

Hamilton dropped its Labour Day record against Toronto to 29-13-1. The Argos are 4-3-1 in their last eight Labour Day contests at Ivor Wynne.

The two teams will play again Saturday in Toronto.

Ray finished 32-of-45 passing for 375 yards with a TD while Henry Burris was 13-of-30 for 218 yards with two TDs and two interceptions.

"I've been in a lot of close games with Henry in the West and many times watched him go down for the win," Ray said. "But even after they scored to tie it, I knew we had the wind and if we just got a couple of first downs we'd have a shot to kick a field goal to win the game."

But Owens was a one-man show for Toronto, registering 11 catches for 176 yards and a TD, returning five punts for 90 yards and six kickoffs for 136 yards. The 402 total yards was the third-best performance in CFL history behind former Winnipeg star Alberta Johnson III (474 yards) and Calgary's Larry Taylor (441 yards versus the Argos this season).

THE CANADIAN PRESS

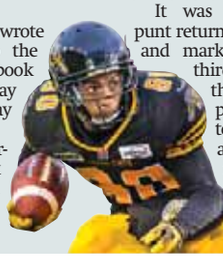
Quoted

"I have so much faith in Chad. That's why you don't get on a guy who is having a tough game."

Argos coach Scott Milanovich on Chad Owens, who had two fumbles on Monday.

CFL record

Williams makes history twice in Hamilton



Chris Williams wrote his name into the CFL record book twice in one play at the Labour Day Classic.

The Tiger-Cats star took a punt return back 82 yards for a touchdown in the first quarter against the Argonauts on Monday, his league-record sixth return touchdown of the season.

It was Williams's fifth punt return TD of the season and marked a CFL-record third straight game that he had taken a punt back for the touchdown. He also has one kick return for a score this season.

THE CANADIAN PRESS

By the numbers

17-10

Henry Burris fell to 17-10 in head-to-head matches against Ricky Ray (16-9 during regular season, 1-1 in playoffs).

Mobile sports

With the regular season beginning on Wednesday, NFL officials are still locked out in labour dispute. Using replacement referees for the pre-season resulted in some embarrassing gaffes and the NFL has to be hoping they can continue to learn on the job. Scan the code for the story.

NHL

Leafs' Phaneuf announces plans to wed Cuthbert

Toronto Maple Leafs captain Dion Phaneuf and Canadian actress Elisha Cuthbert announced their wedding engagement to surprised family and friends over a P.E.I. lobster dinner Sunday night.

"They're good customers, we're honoured that they chose our restaurant," said Karl Nickelson, manager of New Glasgow Lobster restaurant in P.E.I.

The Canadian couple, who began dating in May 2008, invited 35 friends and family to the restaurant.

Cuthbert and Phaneuf often spend the summer in New London, P.E.I.

TORSTAR NEWS SERVICE

Elisha Cuthbert and Dion Phaneuf in Toronto last September. GETTY IMAGES FILE

NFL

Backup QB takes $1 million less to stay in Buffalo

Buffalo Bills quarterback Tyler Thigpen accepted a $1 million pay cut to improve his chances of staying on the team this season.

"There were a lot of reasons behind it," Thigpen said Monday, in confirming the decision a day after it was first reported by ESPN.com. "My agent talked to them, and I'm just glad to be here, and looking forward to the season."

Thigpen is now set to make a base salary of $1.5 million this season in the second year of a three-year contract. THE ASSOCIATED PRESS

CFL

Stamps eke out win over rival Esks

Larry Taylor caught a seven-yard touchdown pass from Kevin Glenn with 63 seconds remaining as the Calgary Stampeders edged the Edmonton Eskimos 31-30 on Monday.

Bo Levi Mitchell and Matt Walter had rushing TDs for the Stamps, who had lost their previous two at home. THE CANADIAN PRESS

Tennis. Gold medallist Murray runs over Raonic in 4th round at U.S. Open

Milos Raonic lost to Olympic champion Andy Murray 6-4, 6-4, 6-2 on Monday in the fourth round of the U.S. Open.

Murray, still seeking his first Grand Slam title, reached the quarter-finals at an eighth consecutive major tournament by beating the 15th-seeded Raonic, from Thornhill.

Raonic was trying to become the first Canadian man in a Grand Slam quarter-final in the Open era, which began in 1968.

The third-seeded Murray converted 4-of-12 break points and never faced one.

Murray, the 2008 U.S. Open runner-up, and his coach, Ivan Lendl, are the only men to lose their first four major finals.

Next for Murray is a match against No. 12 Marin Cilic. Murray leads their head-to-head series 6-1, but his only loss to Cilic came at Flushing Meadows in the fourth round in 2009. THE CANADIAN PRESS

Milos Raonic in New York on Monday night. GETTY IMAGES

Fish pulls out vs. Federer

Roger Federer moved on after Mardy Fish pulled out of their fourth-round match Monday for precautionary reasons.

- Fish missed about two months this year with an accelerated heartbeat and had a medical procedure in May. His agent, John Tobias, said "we are not 100 per cent sure what the issue is and if it is related to his previous issues." THE ASSOCIATED PRES

Blue Jays shut down by Saunders' 3-hitter

MLB. Orioles left-hander outlasts Toronto's Happ to earn shutout victory at Rogers Centre

Jays first baseman Edwin Encarnacion applies a tag to Baltimore's Manny Machado on a pickoff from catcher Jeff Mathis in Toronto on Monday. CARLOS OSORIO/TORSTAR NEWS SERVICE

Toronto starter J.A. Happ said he tried not to concern himself about what pitching counterpart Joe Saunders was doing on the mound.

That proved impossible, as Saunders put in a dominating performance. He went five innings without allowing a base runner and surrendered just three hits as the Baltimore Orioles blanked the Blue Jays 4-0 Monday in Toronto.

"You try not to think about it but when you're out there you kind of know," Happ said. "You just want to give us the best chance you can but sometimes you try to do a little too much and be a little too fine. But I tried to stay aggressive."

Saunders' perfect game bid ended with two out in the sixth inning when Adeiny Hechavarria singled to centre. By then the Orioles had control of the game.

"You try to keep making pitches, you try not to think about it out there," Saunders said. "I just hung a changeup to the nine-hole hitter."

Saunders (7-11) held the Blue Jays to three hits and two walks in 6 1/3 innings in his second start for the Orioles since they traded right-hander Matt Lindstrom to Arizona for him on Aug. 26.

He lost his first start for the Orioles 8-1 to the Chicago White Sox on Aug. 29, allowing 10 hits and seven runs.

"Today he settled in a little bit more," Orioles catcher Matt Wieters said. "He was definitely in control the whole game and was able to mix in different off-speed pitches." THE CANADIAN PRESS

Monday's game

Orioles	Blue Jays
4	0

your
mom's
doctor's
dog walker's
friend's
mortgage rate
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MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	76	58	.567	—
Baltimore	75	59	.560	1
Tampa Bay	74	61	.548	2½
Boston	62	74	.456	15
Toronto	**60**	**74**	**.448**	**16**

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	73	61	.545	—
Detroit	72	62	.537	1
Kansas City	60	74	.448	13
Cleveland	57	78	.422	16½
Minnesota	55	80	.407	18½

WEST DIVISION

	W	L	Pct	GB
Texas	80	54	.597	—
Oakland	76	58	.567	4
Los Angeles	72	63	.533	8½
Seattle	66	70	.485	15

Monday's results
Baltimore 4 **Toronto 0**
Tampa Bay 4 N.Y. Yankees 3
Seattle 4 Boston 1
Texas 8 Kansas City 4
L.A. Angels 8 Oakland 3
Cleveland 3 Detroit 2
Chicago White Sox 4 Minnesota 2
Sunday's results
Tampa Bay 9 **Toronto 4**
Oakland 6 Boston 2
Baltimore 8 N.Y. Yankees 3
Texas 8 Cleveland 3
Kansas City 6 Minnesota 4
Seattle 2 L.A. Angels 1
Detroit 4 Chicago White Sox 2
Tuesday's games
All times Eastern
Cleveland (Masterson 10-12) at Detroit (Porcello 9-10), 7:05 p.m.
Baltimore (Britton 4-1) at **Toronto (Villanueva 7-4)**, 7:07 p.m.
N.Y. Yankees (F.Garcia 7-5) at Tampa Bay (Cobb 8-8), 7:10 p.m.
Minnesota (Diamond 10-6) at Chicago White Sox (Quintana 5-3), 8:10 p.m.
Texas (M.Harrison 15-8) at Kansas City (Guthrie 3-3), 8:10 p.m.
L.A. Angels (Greinke 3-2) at Oakland (J.Parker 9-7), 10:05 p.m.
Boston (Lester 8-11) at Seattle (Beavan 9-8), 10:10 p.m.
Wednesday's games
Minnesota at Chicago White Sox, 2:10 p.m.
L.A. Angels at Oakland, 3:35 p.m.
Cleveland at Detroit, 7:05 p.m.
Baltimore at **Toronto**, 7:07 p.m.
N.Y. Yankees at Tampa Bay, 7:10 p.m.
Texas at Kansas City, 8:10 p.m.
Boston at Seattle, 10:10 p.m.

AL LEADERS

	G	AB	R	H	Avg.
Trout, LAA	111	454	107	151	.333
MiCabrera, Det	132	514	87	170	.331
Beltre, Tex	129	503	78	160	.318
Jeter, NYY	131	559	84	177	.317
Mauer, Minn	124	462	69	146	.316
Fielder, Det	133	480	71	150	.313
Butler, KC	132	501	58	155	.309
Konerko, ChiW	117	438	55	135	.308
AJackson, Det	111	441	85	135	.306
TorHunter, LAA	113	429	67	131	.305

RBI — Hamilton, Tex, 113; MiCabrera, Det, 111; Willingham, Min, 96; **Encarnacion, Tor, 95**.
Home Runs— ADunn, Chi, 38; **Encarnacion, Tor, 37.**
Stolen Bases — Trout, LA, 42; **RDavis, Tor, 40.**
Monday's games not included

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	82	52	.612	—
Atlanta	76	59	.563	6½
Philadelphia	65	70	.481	17½
New York	64	71	.474	18½
Miami	60	75	.444	22½

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	82	54	.603	—
St. Louis	73	62	.541	8½
Pittsburgh	70	64	.522	11
Milwaukee	65	69	.485	16
Chicago	51	83	.381	30
Houston	42	93	.311	39½

WEST DIVISION

	W	L	Pct	GB
San Francisco	76	58	.567	—
Los Angeles	72	63	.533	4½
Arizona	66	69	.489	10½
San Diego	62	73	.459	14½
Colorado	55	78	.414	20½

Monday's results
San Francisco 9 Arizona 8 (10 inn)
St. Louis 5 N.Y. Mets 4
Houston 5 Pittsburgh 1
Miami 7 Milwaukee 3
Philadelphia 4 Cincinnati 2
Atlanta 6 Colorado 1
Washington 2 Chicago Cubs 1
San Diego at L.A. Dodgers
Sunday's results
San Francisco 7 Chicago Cubs 5
Cincinnati 5 Houston 3
Colorado 11 San Diego 10
Milwaukee 12 Pittsburgh 8
Atlanta 8 Philadelphia 7
Washington 4 St. Louis 3
N.Y. Mets 5 Miami 1
L.A. Dodgers 5 Arizona 4
Tuesday's games
All times Eastern
Chicago Cubs (Rusin 0-1) at Washington (E.Jackson 8-9), 7:05 p.m.
Houston (Lyles 3-10) at Pittsburgh (W.Rodriguez 9-13), 7:05 p.m.
Colorado (D.Pomeranz 1-8) at Atlanta (Hanson 12-7), 7:10 p.m.
Milwaukee (Marcum 5-4) at Miami (LeBlanc 2-3), 7:10 p.m.
Philadelphia (K.Kendrick 8-9) at Cincinnati (Latos 11-4), 7:10 p.m.
N.Y. Mets (Harvey 3-3) at St. Louis (J.Garcia 3-6), 8:15 p.m.
San Diego (Stults 5-2) at L.A. Dodgers (Kershaw 12-8), 10:10 p.m.
Arizona (I.Kennedy 12-11) at San Francisco (Vogelsong 12-7), 10:15 p.m.
Wednesday's games
Philadelphia at Cincinnati, 12:35 p.m.
N.Y. Mets at St. Louis, 1:45 p.m.
Chicago Cubs at Washington, 7:05 p.m.
Houston at Pittsburgh, 7:05 p.m.
Colorado at Atlanta, 7:10 p.m.
Milwaukee at Miami, 7:10 p.m.
San Diego at L.A. Dodgers, 10:10 p.m.
Arizona at San Francisco, 10:15 p.m.

NL LEADERS

	G	AB	R	H	Avg.
MeCabrera, SF	113	459	84	159	.346
AMcCutchen, Pgh	128	488	91	168	.344
Posey, SF	121	432	61	142	.329
YMolina, StL	113	419	52	135	.322
DWright, NYM	130	481	79	151	.314
Fowler, Col	121	390	69	121	.310
Braun, Mil	125	484	90	150	.310
CGonzalez, Col	118	466	83	144	.309
Holliday, StL	131	508	84	155	.305

Monday's games not included

ORIOLES 4, BLUE JAYS 0

Baltimore	AB	R	H	BI	BB	SO	Avg.
Markakis rf	3	1	1	1	1	0	.300
Hardy ss	5	0	2	2	0	0	.231
Ad.Jones cf	5	0	2	0	0	1	.284
Wieters c	3	0	1	0	2	1	.240
Mar.Reynolds 1b	4	0	0	0	1	3	.226
Machado 3b	5	1	0	0	0	1	.253
McLouth lf	3	1	2	1	0	1	.255
Ford dh	3	0	0	0	2	1	.174
Andino 2b	3	1	1	0	1	1	.222
Totals	**34**	**4**	**9**	**4**	**7**	**9**	
Toronto	**AB**	**R**	**H**	**BI**	**BB**	**SO**	**Avg.**
R.Davis lf	3	0	0	0	1	2	.241
Rasmus cf	4	0	0	0	0	1	.229
Encarnacion 1b	3	0	0	0	1	1	.286
Lind dh	4	0	1	0	0	0	.235
Y.Escobar ss	4	0	0	0	0	0	.251
K.Johnson 2b	3	0	1	0	0	0	.226
Sierra rf	3	0	0	0	0	1	.250
Mathis c	3	0	0	0	0	0	.207
Hechavarria 3b	3	0	1	0	0	1	.219
Totals	**30**	**0**	**3**	**0**	**2**	**6**	

Baltimore	010	020	010	—4	9	0
Toronto	000	000	000	—0	3	2

E—Encarnacion (4), Sierra (1). LOB—Baltimore 14, Toronto 5. 2B—Markakis (26), Hardy (25), McLouth (6). RBIs—Markakis (53), Hardy 2 (56), McLouth (10). SB—Ad.Jones (13). S—McLouth, Andino.

Baltimore	IP	H	R	ER	BB	SO	NP	ERA
J.Sndrs W, 1-1	6⅓	3	0	0	2	2	94	4.63
Ayala H, 11	⅔	0	0	0	0	1	8	2.64
Strop	1	0	0	0	0	2	10	1.83
Ji.Johnson	1	0	0	0	0	1	11	2.88
Toronto	**IP**	**H**	**R**	**ER**	**BB**	**SO**	**NP**	**ERA**
Happ L, 3-2	5	6	3	2	2	9	95	4.46
Lincoln	1	0	0	0	2	0	17	4.58
Delabar	1	0	0	0	1	0	21	3.67
Cecil	2	3	1	1	2	0	37	5.68

Inherited runners-scored—Ayala 3-0, Lincoln 1-0. IBB—off Lincoln (Markakis). HBP—by Happ (Markakis), by Cecil (McLouth).
T—2:51. A—17,220 (49,260).

BLUE JAYS STATISTICS

BATTERS	AB	R	H	HR	RBI	AVG
Cooper	140	16	42	4	11	.300
Encarnacion	469	84	135	37	95	.288
Lawrie	397	59	112	9	40	.282
Sierra	85	7	22	3	6	.259
Escobar	474	53	120	8	44	.253
Davis	349	54	85	6	34	.244
Torrealba	180	19	44	4	14	.244
Arencibia	281	36	68	16	50	.242
Bautista	332	64	80	27	65	.241
Lind	226	20	53	9	32	.235
Rasmus	477	60	110	21	69	.231
Johnson	444	53	100	14	49	.225
Vizquel	130	11	29	0	3	.223
Hechavarria	61	4	13	1	5	.213
Mathis	181	22	38	8	23	.210
McCoy	49	9	9	1	6	.184
PITCHERS	**W**	**L**	**SV**	**IP**	**SO**	**ERA**
Mathis	0	0	0	2.0	0	9.00
Oliver	3	2	2	47.1	47	1.71
Loup	0	2	0	22.2	17	1.99
Lyon	1	0	0	16.1	24	2.20
Janssen	1	1	19	52.2	55	2.22
Morrow	8	5	0	89.0	79	2.93
Villanueva	7	4	0	98.2	101	3.10
Perez	2	2	0	42.0	39	3.43
Delabar	3	1	0	53.0	75	3.74
Frasor	1	1	0	36.0	45	4.00
Jenkins	0	1	0	17.0	8	4.24
Laffey	3	5	0	78.2	42	4.46
Happ	3	1	0	35.1	37	4.58
Hutchison	5	3	0	58.2	49	4.60
Drabek	4	7	0	71.1	47	4.67
Lincoln	0	0	0	16.2	13	4.86
Alvarez	7	12	0	155.1	59	5.04
Romero	8	13	0	163.0	110	5.85
Santos	0	1	2	5.0	4	9.00
Coello	0	1	0	6.1	11	12.79

Monday's game not included

FOOTBALL

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	9	6	3	0	263	267	12
Toronto	9	5	4	0	210	222	10
Hamilton	9	3	6	0	266	294	6
Winnipeg	9	2	7	0	176	296	4

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
B.C.	9	6	3	0	227	171	12
Edmonton	9	5	4	0	221	185	10
Calgary	9	5	4	0	248	236	10
Saskatchewan	9	4	5	0	242	182	8

Monday's results
Toronto 33 Hamilton 30
Calgary 31 Edmonton 30
Sunday's result
Saskatchewan 52 Winnipeg 0
Friday's game
All times Eastern
Calgary at Edmonton, 9 p.m.
Saturday's games
Hamilton at Toronto, 1 p.m.
Montreal at B.C., 4 p.m.
Sunday, Sept. 9
Saskatchewan at Winnipeg, 1 p.m.

ARGONAUTS 33, TIGER-CATS 30

First Quarter
Tor — TD Owens 40 pass from Ray (Waters convert) 4:33
Ham — TD C.Williams 82 punt return (convert failed) 9:09
Second Quarter
Tor — FG Waters 30 4:45
Ham — FG Congi 42 7:54
Ham — TD Jones 17 pass from Burris (Congi convert) 14:16
Third Quarter
Ham — FG Congi 16 3:15
Tor — Single Waters 38 6:46
Ham — FG Congi 30 14:25
Fourth Quarter
Tor — Safety Bartel concedes 2:42
Tor — TD Kackert 1 run (Waters convert) 5:46
Tor — TD Carroll 37 interception return (Waters convert) 7:31
Tor — FG Waters 26 10:39
Ham — TD Rutley 10 pass from Burris (Stala 5 pass from Burris for two-point convert) 12:40
Tor — FG Waters 33 14:34

Toronto	**7**	**3**	**1**	**22**	**—33**
Hamilton	**6**	**10**	**6**	**8**	**—30**

Attendance — 31,032 at Hamilton, Ont.
TEAM STATISTICS

	Tor	Ham
First downs	26	15
Yards rushing	54	125
Yards passing	375	218
Total offence	429	343
Team losses	2	48
Net offence	427	295
Passes made-tried	32-45	13-30
Return-yards	277	272
Intercepts-yards by	2-51	0-0
Fumbles-lost	2-1	3-0
Sacks by	3	0
Punts-average	7-40.6	7-44.1
Penalties-yards	9-65	7-59
Time of possession	31:41	28:19

Net offence = yds passing, plus yds rushing, minus team losses (e.g. yds lost on broken plays)
INDIVIDUAL STATISTICS
Rushing: Tor—Kackert 8-44, J.Jackson 4-6, Ray 1-4; Ham—Walker 14-111, Burris 2-12, Porter 2-2.
Receiving: Tor—Owens 11-176, Watt 6-61, Kackert 3-46, Bradwell 6-45, Inman 3-21, Rambo 2-16, Durie 1-10; Ham—Stala 4-65, Jones 4-63, C.Williams 1-52, Fantuz 2-22, Rutley 1-10, Kelly 1-6.
Passing: Tor — Ray 32-45, 375 yards, 1 TD, 0 ints; Ham — Burris 13-30-218-2-2.

STAMPEDERS 31, ESKIMOS 30

First Quarter
Cal — TD Mitchell 1 run (Paredes convert) 8:17
Second Quarter
Edm — TD Stamps 35 pass from Joseph (Shaw convert) 8:16
Edm — TD Charles 73 pass from Joseph (convert failed) 12:00
Edm — Single Shaw 89 12:08
Third Quarter
Edm — Single Shaw 67 4:03
Cal — TD Cornish 10 pass from Glenn (Paredes convert) 7:15
Edm — Single Shaw 64 10:02
Cal — TD Walter 11 run (Paredes convrt) 14:43
Fourth Quarter
Cal — FG Paredes 43 3:24
Cal — Single Maver 85 6:18
Edm — TD Joseph 1 run (Shaw convert) 8:07
Edm — TD Burnett 34 interception return (Shaw convert) 8:50
Cal — TD Taylor 7 pass from Glenn (two-point convert failed) 13:41

Edmonton	**0**	**14**	**2**	**14**	**—30**
Calgary	**7**	**0**	**14**	**10**	**—31**

Attendance — 32,102 at Calgary.
TEAM STATISTICS

	Edm	Cal
First downs	20	22
Yards rushing	78	107
Yards passing	311	290
Total offence	389	397
Team losses	37	6
Net offence	352	391
Passes made-tried	17-27	24-31
Total return yards	158	152
Interceptions-yards by	2-43	1-8
Fumbles-lost	2-0	2-1
Sacks by	1	3
Punts-average	8-51.9	6-48.3
Penalties-yards	11-68	6-46
Time of possession	28:48	31:12

Net offence is yards passing plus yards rushing minus team losses such as yards lost on broken plays.
INDIVIDUAL STATISTICS
Rushing — Edm: Messam 7-32, Joseph 8-30, Charles 6-16; Cal: Cornish 13-71, Glenn 2-15, Walter 2-14, Mitchell 5-5, Taylor 2-2.
Receiving — Edm: Charles 6-123, Stamps 2-88, Carr 3-35, Carter 2-34, Coehoorn 2-19, Messam 2-12; Cal: Lewis 7-101, McDaniel 5-78, Forzani 2-47, Bryant 3-26, Cornish 4-23, Taylor 1-7, Cote 1-5, West 1-3.
Passing — Edm: Joseph 17-27, 311 yards, 2 TDs, 1 int; Cal: Glenn 23-30-273-2-2.

NFL REGULAR SEASON

Wednesday's game
All times Eastern
Dallas at N.Y. Giants, 8:30 p.m.
Sunday, Sept. 9
Indianapolis at Chicago, 1 p.m.
Jacksonville at Minnesota, 1 p.m.
Miami at Houston, 1 p.m.
New England at Tennessee, 1 p.m.
Washington at New Orleans, 1 p.m.
Atlanta at Kansas City, 1 p.m.
Buffalo at N.Y. Jets, 1 p.m.
St. Louis at Detroit, 1 p.m.
Philadelphia at Cleveland, 1 p.m.
Seattle at Arizona, 4:25 p.m.
San Francisco at Green Bay, 4:25 p.m.
Carolina at Tampa Bay, 4:25 p.m.
Pittsburgh at Denver, 8:20 p.m.
Monday, Sept. 10
Cincinnati at Baltimore, 7 p.m.
San Diego at Oakland, 10:15 p.m.
Thursday, Sept. 13
Chicago at Green Bay, 8:20 p.m.

TENNIS

ATP-WTA

U.S. OPEN

At New York
Men's Singles — Fourth Round
Roger Federer (1), Switzerland, def. Mardy Fish (23), U.S., walkover.
Andy Murray (3), Britain, def. **Milos Raonic (15), Thornhill, Ont.,** 6-4, 6-4, 6-2.
Tomas Berdych (6), Czech Republic, def. Nicolas Almagro (11), Spain, 7-6 (4), 6-4, 6-1.
Marin Cilic (12), Croatia, def. Martin Klizan, Slovakia, 7-5, 6-4, 6-0.
Women's Singles — Fourth Round
Ana Ivanovic (12), Serbia, def. Tsvetana Pironkova, Bulgaria, 6-0, 6-4.
Serena Williams (4), United States, def. Andrea Hlavackova, Czech Republic, 6-0, 6-0.
Sara Errani (10), Italy, def. Angelique Kerber (6), Germany, 7-6 (5), 6-3.
Roberta Vinci (20), Italy, def. Agnieszka Radwanska (2), Poland, 6-1, 6-4.
Boy's Singles — First Round
Filip Peliwo (2), Vancouver, def. Deiton Baughman, U.S., 6-3, 6-3.
Girl's Singles — First Round
Belinda Bencic (11), Switzerland, def. **Erin Routliffe, Canada**, 6-1, 6-0.
Carol Zhao (14), Canada, def. Kimberly Yee, U.S., 6-2, 6-2.
Francoise Abanda, Canada, def. Brooke Austin, U.S., 6-1, 6-2.
Kyle S. McPhillips, U.S., def. **Marika Akkerman, Canada**, 6-2, 6-2.
Girl's Doubles — First Round
Emily Fanning, New Zealand, and Anett Kontaveit, Estonia, def. **Marika Akkerman, Canada**, & Victoria Rodriguez, Mexico, 6-2, 6-2.

GOLF

PGA

DEUTSCHE BANK CHAMPIONSHIP

At Norton, Mass.
Par 71
Final Round

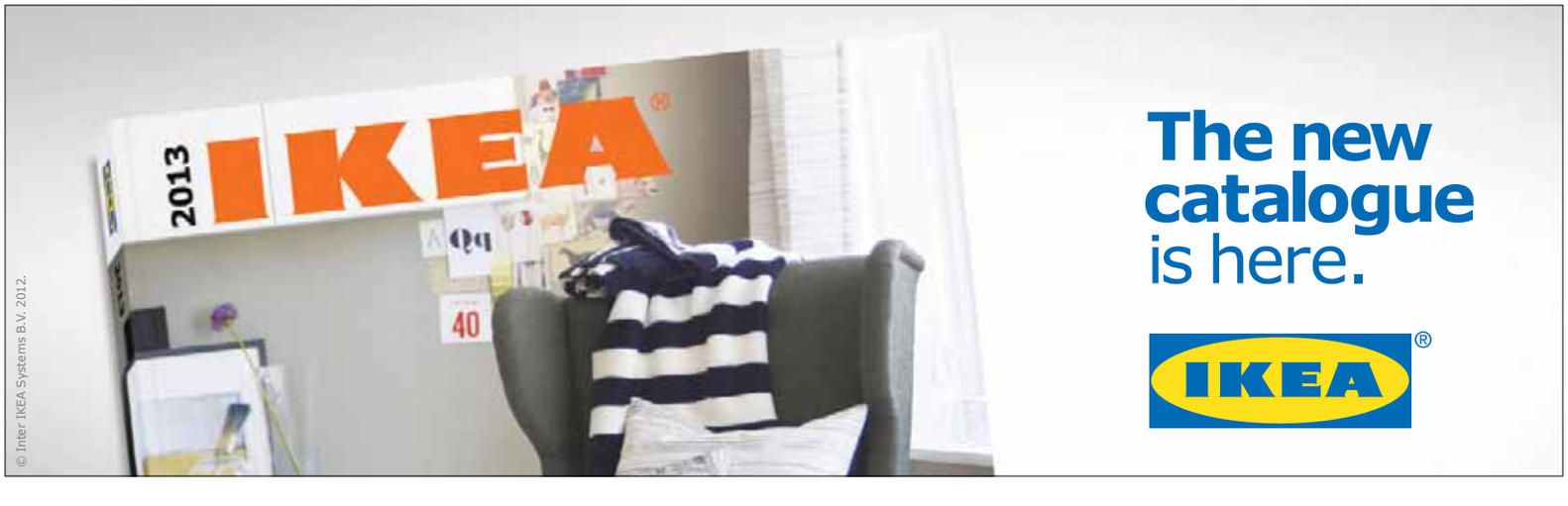
Rory McIlroy (2,500), $1,440,000	65-65-67-67—264
Louis Oosthuizen (1,500), $864,000	66-65-63-71—265
Tiger Woods (1,000), $544,000	64-68-68-66—266
Dustin Johnson (650), $352,000	67-68-65-70—270
Phil Mickelson (650), $352,000	68-68-68-66—270
Brandt Snedeker (500), $288,000	69-70-65-67—271
Jeff Overton (438), $258,000	64-71-69-68—272
Adam Scott (438), $258,000	69-69-68-66—272
Bryce Molder (400), $232,000	65-69-68-71—273
Ryan Moore (363), $208,000	64-68-70-72—274
Kevin Stadler (363), $208,000	68-71-69-66—274
John Senden (325), $184,000	66-69-70-70—275
Keegan Bradley (282), $145,600	71-73-63-69—276
Jim Furyk (282), $145,600	69-72-65-70—276
Seung-Yul Noh (282), $145,600	62-71-75-68—276
Steve Stricker (282), $145,600	69-69-68-70—276

Also
David Hearn (205), $54,444 67-69-68-75—279

SOCCER

MLS

Sunday's results
Chicago 3 Houston 1
San Jose 4 Chivas 0
Seattle 1 Dallas 1
Wednesday's games
Columbus at New England, 8 p.m.
Portland at Colorado, 9 p.m.
Thursday's game
Salt Lake at Houston, 8:30 p.m.
Saturday's game
Chivas at Seattle, 4 p.m.



Anderson is king of wheelchair hoops

Patrick Anderson, left, shoots under pressure from Frederic Guyot of France in May in Manchester, England. JAMIE MCDONALD/GETTY IMAGES

Paralympics. Two-time wheelchair gold medallist has guided Canada to quarter-finals at London Games

He's the player the opposition tries in vain to contain. The ball follows him like a loyal dog. When it clangs off the rim or backboard, one hand rises effortlessly above others.

Every sport has a game-changer such as Sidney Crosby or, in his prime, Kobe Bryant. Patrick Anderson is that in wheelchair basketball.

Sport may be given to hyperbolic language but in Anderson's case, the Canadian lives up to his billing as the best player in the world.

"In every sport, there always comes along a physical specimen who is ideally suited for that particular sport and the guy becomes a superstar," Canadian coach Jerry Tonello says. "We have Pat.

"Pat is the perfect wheelchair basketball machine."

In the quarter-finals

- Canada downed Colombia 68-42 on Monday to cap the preliminary round of the Paralympic tournament at 5-0.
- The Canadians will play in Wednesday's quarter-finals.

Anderson almost wasn't wearing Canadian colours in London. After winning gold in 2000 and 2004 and silver in 2008, Anderson retired. The retirement turned into a two-year hiatus before he returned to the game.

"When I started playing wheelchair basketball, I was totally inspired by guys telling me about Seoul — guys who had played basketball for Canada in 1988," Anderson said. "I wanted to be that one more time."

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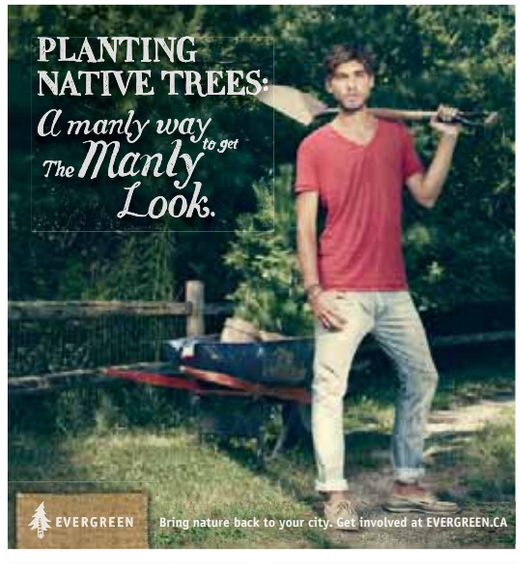
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Horoscopes

♈ Aries
March 21 - April 20
Deal curtly with people who annoy you today. That is not an invitation to be rude but there is no law that says you have to be nice to everyone you meet, especially those who waste your time on trivial matters.

♉ Taurus
April 21 - May 21
You must stay on top of your workload, because if you let things slide you will find it hard to catch up again later on. If you can't do it all yourself then delegate more. Trust others to do a good job.

♊ Gemini
May 22 - June 21
Your efforts, both at home and at work, will pay off eventually but why does it take so long? Actually it doesn't. It's just that being a Gemini you tend to be impatient. Relax — it's all going according to plan.

♋ Cancer
June 22 - July 23
You are taking certain issues too seriously and need to realize that you are not the one to blame for someone else's problems. See to your own needs today. Focus only on what matters to you personally.

♌ Leo
July 24 - Aug. 23
Something will strike you as funny today but if you laugh too loud or too long others might get the impression that you are laughing at them. The best jokes are those during which you can all laugh together.

♍ Virgo
Aug. 24 - Sept. 23
Resist the temptation to get involved with a plan or project you really don't know that much about. Before the day is over you could be out of your depth and swimming in shark-infested waters!

♎ Libra
Sept. 24 - Oct. 23
A disagreement of some kind is likely but it will be over as quickly as it started, so don't take it too seriously. This may even be one of those situations where a bit of strife brings you closer together.

♏ Scorpio
Oct. 24 - Nov. 22
You are expecting far too much of yourself, which is an invitation to disappointment. You have absolutely nothing to prove, to yourself or to other people, so aim a bit lower and enjoy life a bit more.

♐ Sagittarius
Nov. 23 - Dec. 21
Everyone is born with a special talent and everyone has a destiny to fulfill. Once you realize that, you will be less likely to compare yourself to other people. Focus on your life's goal. You know what it is.

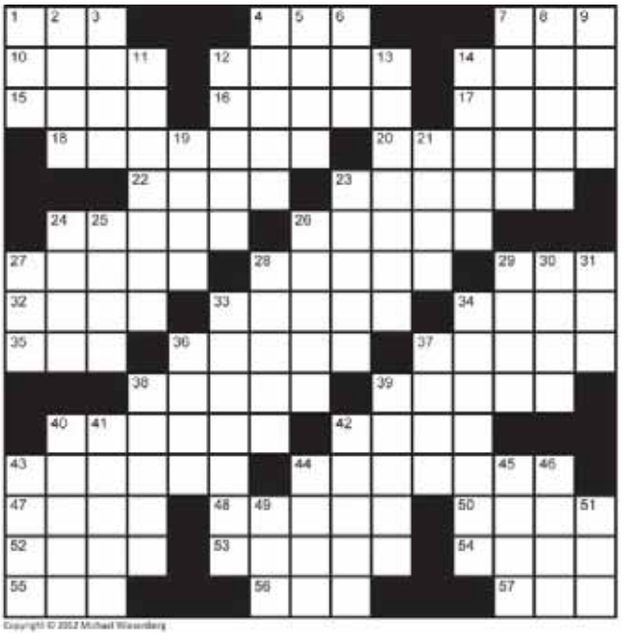
♑ Capricorn
Dec. 22 - Jan. 20
The planets will bring your leadership qualities to the forefront today and you will find that others rely on you to make the right decisions. Don't turn your back on them: They need you and you need them.

♒ Aquarius
Jan. 21 - Feb. 19
There are no barriers. There are no limits. Your life will always be what you want it to be. If you desire something enough, you will find a way to get it. It may take a little time but nothing is impossible.

♓ Pisces
Feb. 20 - March 20
At some stage today you will realize that most of the things you have been fearful about are not worth the time and the energy. Once you get over them, the sense of freedom you feel will be life changing.
SALLY BROMPTON

Crossword: Bits and Pieces

BY MICHAEL WIESENBERG



Across
1. Place to drink
4. ___ Beta Kappa
7. Ocean
10. Operatic solo
12. Insurance adjuster's investigation
14. Big moisturizing products name
15. Red ___: Alberta's third-most-populous city
16. Sound on a tuner
17. Bouquet holder
18. Canada's fourth-largest province
20. Beirut-born Canadian star of *The Matrix* series Keanu
22. Another word for margarine
23. Core groups of trained personnel
24. Elliott of *Ocean's 11, 12, 13*
26. Geometric functions
27. Mike ___: Scarborough, Ontario-born *Saturday Night Live* alumnus
28. Papal language
29. Many a CEO's deg.
32. Center of the eye
33. Stories
34. Ancient France
35. "You've Got Mail!" ISP
36. Tiny bits, from a Greek letter
37. Consume noisily, as soup
38. "No Right Turn ___" (2 wds.)
39. Windsor, Ontario-born singer Shania
40. Bay surrounded by Nunavut, Manitoba, Ontario, Québec
42. Bric-a-___: knickknacks
43. Largest monkey
44. Fries, cheese, and gravy dish
47. Not worth ___ (2 wds.)
48. 1,000 kg
50. "Electric" fishes
52. Have a primary role
53. How the hair of frightened comic book characters stands (2 wds.)
54. Valentine gift
55. Fri. follower
56. Wed. preceder
57. ___ Brunswick

Down
1. Evil
2. Specialty (in education, say)
3. A founder of Manitoba, and a political and spiritual leader of the Métis people
4. A dwarf planet, now
5. "Humpty Dumpty ___ great fall" (2 wds.)
6. 3 on a sundial
7. NWT's Great ___ Lake
8. Lets up
9. Affirmative votes
11. Leafy shelters
12. Gave a hoot
13. Toronto-born Rick of *Honey, I Shrunk the Kids*
14. Surpluses
19. House wings
21. Utopia
23. Gives a ticket
24. Greek deli specialty
25. Trompe l'___: fool-the-eye art
26. Greens
27. ___ Farrow: Woody Allen's ex
28. Grow dark
29. A Hawaiian island
30. Be in the sun too long
31. Jungfrau or Matterhorn, e.g.
33. Home of the Argonauts
34. Yukon mountain sight
36. Not ___ many words (2 wds.)
37. Attack mosquitoes
38. Smell
39. Brought into alignment
40. "___ la vista, baby!": Schwarzenegger
41. German sub
42. "___ nuit": "Good night"
43. Low voice
44. Tire: Fr.
45. ___ sign: advertising medium
46. Other
49. Québec neighbour: abbr.
51. Use needle and thread

Friday's Crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

7				1		3	9	
	4		6	8		7		
					5			
	7	9				2		5
1								6
6		2				4	1	
			1					
		7		9	4		8	
	1	8		3				4

Friday's Sudoku

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